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END OF SEASON FISH DINNER
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Muckleshoot MESSENGER



Vol. XX, No. 2

Muckleshoot Indian Reservation, Wash.

March 29, 2019

EARTH DAY LOGO WINNERS

Corrina Ulima Age - 13 Donovan Ang - Age 12



Earth Day activities being planned

Once again this year, the Tribe will be hosting a very active observance of Earth Day. On Tuesday, April 23, work parties will disperse throughout the reservation to pick up trash and plant trees and decorative plants on Tribal lands. Headquartered at the Sla-Hal Shed, the event is scheduled for 9:00am to 5:00pm.

While plans are still in the making, local events will include planting our spring/summer harvest, nettle pesto making, tree planting, cake walks, virtual reality, cooking demonstrations, tea blending, and paddle carving on April 22 at the Tribal School. In addition to the community cleanup and tree planting, a BBQ lunch with raffles and gifts will be held.

A special focus this year will be placing traditional and indigenous plants around the Tribe's administrative areas, and in the natural habitats and conservation areas of the reservation. Native species will include Beaked Hazlenut, Thimbleberry, Elderberry and Camas. Clean-up will focus on the southwest side of the White River at "The Pipeline," while smaller work parties will do decorative planting on Tribal properties around the reservation.

This year we have two Earth Day logo contest winners – Donovan Ang and Corrina Ulima. These logos will be incorporated in the give-away items at the event.

A Facebook group (search "Muckleshoot Earth Day") has been set up to send and receive ideas and information, or you can contact Frankie Lezard, Event Manager, at 253-876-3342 for more information.



Mike Jerry Sr. cuts the ribbon as Louie Ungaro, Tom Louie, Jeremy James & Donny Stevenson look on.

New solid waste transfer station open for business

The Muckleshoot Public Works Solid Waste Division staff were excited recently to move into their new Solid Waste Transfer Station located at 17613 SE 400th Street, directly east of their old facility. The new facility is impressive:

- As you approach the facility, the Donation Center is on your left. Here you can drop off good used items (bicycles, appliances, toys – anything that someone else could use). Any tribal member is welcome to select merchandise for free from the ever-changing inventory.
- The 1,600SF Operations Building houses offices, work areas, a conference room, locker room and restroom for staff personnel. When dropping off refuse, after checking in with an attendant, you will be directed to back into a painted stall. All refuse is unloaded on the floor of the tipping slab where staff personnel will remove recyclables such as plastic, cardboard and metal. A front-end loader and excavator load refuse into a trailer in the pit below.
- As you exit the tipping floor, there is a large covered area for recycling and another area for the disposal of hazardous household waste.

Come see the gleaming new facility! Hours of operation are Monday – Friday, 7AM to 4PM, Saturday and Sunday, 1PM to 5PM. Closed holidays.

THE BIGGEST & BEST GETTING EVEN BIGGER AND BETTER!

Everyone can see that big things are going on at the Muckleshoot Casino, but the details of the newly re-imagined facility have been a closely watched mystery for some time. The details are finally emerging and construction has begun. General Manager Conrad Granito has the following information to share.

As I think everyone's aware, we have a major renovation going on with the property. It will include adding a hotel, an event center, additional casino floor space, a new food court and even a Starbucks.

This sweeping upgrade has been made possible by the success we've experienced over the last four years. During this time, we've really taken the property to a new level of not only profitability, which benefits all tribal members, but also in terms of overall growth within our marketplace.

We've been asking our guests and potential guests, "What do you need? What are you looking for?" And one of the things that they said is that it would be nice to have an event center – a better place for concerts and meetings and things of that nature. A hotel has also been mentioned again and again, not only by our guests but by tribal members.

Our research indicates that we can profitably satisfy these demands and so we are responding by building a first-class 20,000 square foot event center and a four-star hotel with rooftop



Artist's rendering of the elegant new Muckleshoot Casino convention and concert center.

restaurant.

The hotel will be 24 stories tall, with 375 to 400 rooms. 60% of the rooms will face Mt. Rainier and 40% will look at the Olympics. It will also have 15,000 sq ft of meeting space, a spa, arcade, Kids Quest, lobby restaurant and a rooftop high-end restaurant/steakhouse with outdoor patios. There will be a four-star level of finish and service. A salmon water feature on the exterior entrance wall will add a strong cultural identity.

We will also be adding 10,000 square feet of gaming space, which will accommodate about another 350-400 video gaming devices, a three-station food court, which will include some franchises and probably one that we operate ourselves, and

then a new center bar that will be between Casino I and Casino II. All this expansion will take place basically between where door 1 – the old valet stand – and door 2 was.

And on top all that, we will have a Starbucks. We've always proudly served Starbucks coffee at our Barista stand, but we are now going to be an actual franchise. So, your Starbucks card will work here and we'll have everything else, including the full menu of what Starbucks provides, right here within the casino.

At the same time, we're going to update all of the finishes throughout the rest of the casino, with new carpet, new wall finishes, new ceilings. And there will be upgrades to all of the

food outlets as well. Right now, pizza is getting an updated look and feel to it. We'll be updating all the restrooms, too, and making them all consistent to ensure that everything is first class.

With regard to the existing restaurants, you'll see an upgrade to 8 and an upgrade to Coyaba. The buffet will get a major upgrade, and part of that will also be a very traditional salmon pit. We'll be actually cooking salmon in the traditional method within the buffet. In addition, Players Club will be moving over near door 3.

The capstone of this re-imagining of the casino will be what we're calling a Cultural Gallery. We'll be working with the Tribe, in consultation with

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New GM takes the helm at Muckleshoot Bingo

Thank you for the opportunity to speak to the community through the newspaper. To tell everybody who I am, my name is Vikki Simpson and I grew up in Toppenish, Washington. I'm an enrolled Muckleshoot tribal member. I went to Yakima Valley Community College, where I received my AA degree and then went on to Washington State University and received my Bachelor of Arts Degree in Business Administration, with a minor in Management Information Systems.

I've been in gaming since December of 1998 and I've worked in several properties. I started with Yakama Legends Casino. I was their HR director and worked in their IT department from the technician level up to interim IT Manager. I also worked in their machines department as their machines repair manager.

I then was given the opportunity to work outside of the Tribe. I worked for Sierra Design Group, or SDG, which was a vendor, manufacturer of the slot machines, and that's where I was able to gain additional information on the machines and learn how they worked, because I had to install them. I had

to do game conversions, and if they weren't working properly, I had to figure out what was wrong.

The opportunity to work for SDG was one that I loved, because it took me to all the casinos in the state of Washington at that time, and I got to meet different tribal members that worked in the operations, as well as their tribal gaming agencies and also some of the other vendors.

That helped gear me to my gaming network, because gaming people don't really move or leave; they just kind of move properties. So, I have a pretty good professional and personal network within the gaming industry – coworkers, friends and different managers that I can look to for support.

I came to Muckleshoot in April of 2010. I started work with the Muckleshoot TGA, where I was their Electronic Gaming Specialist. Part of that responsibility was ensuring that Muckleshoot's games were set up properly according to the approved rules and regulations and making sure they were fair to patrons.

In 2014, I was given the opportunity



JOHN LOFTUS PHOTO

Continued on Page 2 Vikki Simpson, Muckleshoot Bingo General Manager

ATNI Celebrates Women's History Month

Now in our 65th year, we would like to honor the Chairwomen of the Affiliated Tribes of Northwest Indians and their contributions to their Tribe, our organization, the region, and all of Indian Country. Today we honor:

VIRGINIA CROSS, CHAIRMAN MUCKLESHOOT INDIAN TRIBE

Virginia Cross, Muckleshoot Tribal Council Chair, is a strong leader with more than three decades of service to the Muckleshoot Indian Tribe and greater community.

Under her leadership the Muckleshoot Tribe has entered into formal government-to-government relationships with the City of Auburn, King County, and the City of Seattle, which have helped the tribe forge strong, cooperative relationships with these and other governments, agencies, and departments, such as the Army Corps of Engineers.

Virginia is a long standing advocate for education, tribal interests and sovereignty and continues to regularly speak with U.S. Senators, U.S. Congress, governors, mayors and other elected leaders; supporting legislation and policies concerning education and tribal sovereignty.

Virginia also served as the Auburn School District Director of Indian Education for more than 22 years. As a staunch supporter of education she has been instrumental in shaping many important programs and policies benefitting Native American students in Washington State.

During her leadership, the Tribe and she personally have been the recipients of multiple awards for dedicated service and positive impact on the community and for supporting local economic development.

From humble beginnings Virginia has risen to become a true leader. She has opened doors for Native people that had been closed for generations.



Another view of the new Casino Convention Center

THE BIGGEST & BEST GETTING EVEN BIGGER AND BETTER!

Continued from Page 1

Warren KingGeorge and others, and actually bringing artifacts in to help tell the story about the journey of the Muckleshoot Tribe throughout history. We intend to have these cultural influences permeate the new interior motif throughout the property.

The goal behind everything we're doing here is to make sure that the success we've

enjoyed will continue, and that our business can grow to meet the market demands of the future.

The whole idea here is to take the success and make it continue and be sustainable. That's always been the issue of any business, and the Muckleshoot Tribe has done that very well. Over the last four or five years we've taken the Muckleshoot Casino

to a new level. This whole level of growth is what now has enabled us to take it to the next level and beyond.

So we invite everyone to watch as this epic transformation unfolds. As this renovation progresses, you're going to start seeing that we're not only the Biggest and Best in the Northwest, but that we're going to be even bigger and even better!



Canoe Journey Dates Announced

Dates and stops for the 2019 Paddle to Lummi have been announced. The Muckleshoot Canoe Family's trip will begin with their arrival at Squaxin Island on Monday, July 15. They will depart from there the next morning. The scheduled landings are as follows:

- July 16 Nisqually**
- July 17 Puyallup**
- July 18 Muckleshoot (Alki)**
- July 19 Suquamish (2 nights)**
- July 21 Tulalip**
- July 22 Swinomish**
- July 23 Samish**
- July 24 Lummi**

Lummi is this year's host and protocols will go on throughout the week. For more information, contact the Muckleshoot Culture Program.



ALAN STAY RETIRES. Alan Stay, whose colorful legal career dates back to the Fish Wars, was honored upon his retirement from the MIT Legal Dept. with a casino dinner on February 14. (Photo by Silas Miller)

New GM takes the helm at Muckleshoot Bingo

Continued from Page 1

nity to become the Electronic Gaming Manager, and so I was manager of the Electronic Department, or basically the IT arm of the TGA.

In June of 2018, I was given the opportunity to move back to the Bingo Hall as their VGD Manager, and in those nine months I worked on trying to increase revenue for the Tribe by bringing in different games, different cabinets and looking at different vendors to come in to try to draw the crowd in.

So, I've kind of dabbled into the electronics. It wasn't an area that I went to school for, but it's kind of something that I liked. I like to take something apart and figure it out how it works, and put it back together.

In March of this year, I was given the opportunity to become Muckleshoot Bingo's General Manager and that's where we're at today. I'm looking forward to this new journey. I'm excited; I'm nervous; I'm confident and I'm humbled that I'm here in this position, because all the areas that I've worked in – auditing to front line – I've kind of seen a little bit of everything.

And I think with my skills and abilities, I can make the Bingo Hall continue to be a success, because I know this is the foundation of our gaming here. I remember growing up, thinking "I can't wait until I'm 18, because then I can go to bingo with Grandma and Grandpa!" And to be at the head

of it now, it's just like, "Wow!" So, it's still sinking in!

Some of my family background: My maternal grandparents are George and Leona Starr, so I come from a prominent family here in the Muckleshoot Tribe. Philip Starr was my great-great grandfather and my great-grandfather was Patrick Starr. My parents are Leroy and Regina Howell. Everybody knows my mom as "Titter."

So, I have a tie to the community with family, new friends, nieces and nephews, and I want to make sure that the Bingo Hall continues to be successful so they have a job to grow into when they become of age, and to also keep providing a revenue stream for the tribe so we can continue with our programs.

I remember, growing up as a Muckleshoot, I saw where we didn't have very much compared to a lot of other tribes in the state of Washington, and to see how we've grown now to where we can support our elders, support the children, have the activities like Potlatch and do cultural activities – that's the kind of things I want to see us succeed in.

The language: My grandfather would talk to me in the language growing up. I'd have no clue what he was saying. He would never tell me what he was saying, either. He would just laugh! And to this day, I cannot repeat what he said to try to get it translated.

But, it's nice to see that the tribe is able to provide that resource to teach the younger children, to give them the confidence to learn the language, to sing, to dance, to participate in canoe journeys, to bring meaning to the culture.

I'm learning the arts of the Muckleshoot – the cedar weaving, the Coast Salish twining. I'm learning how to do that, and I've actually taught it to children at the Tribal School. I've done some classes at the Tribal School Culture Nights, whether it was necklace making or teaching them how to do jam or making Rice Krispies. I think that was the best one! They were lining them up and they all wanted to make Rice Krispies. We had to shorten the recipe just so we could make sure everybody got a chance to do it!

But, I like being able to be a role model for the youth, to see that if they have a dream or a goal, that they can reach it, because here I am, the first of my family, of my siblings to go and to graduate out of college. My mom has two children, and both myself and my younger brother graduated from college.

We both worked hard. We've been taught, you know, hard work, strong ethics, integrity and we don't want to cheat people. We want to be true to who we are and to teach and to be a role model. And – oh yes – we do cook, too!

MIT Village Plan Project

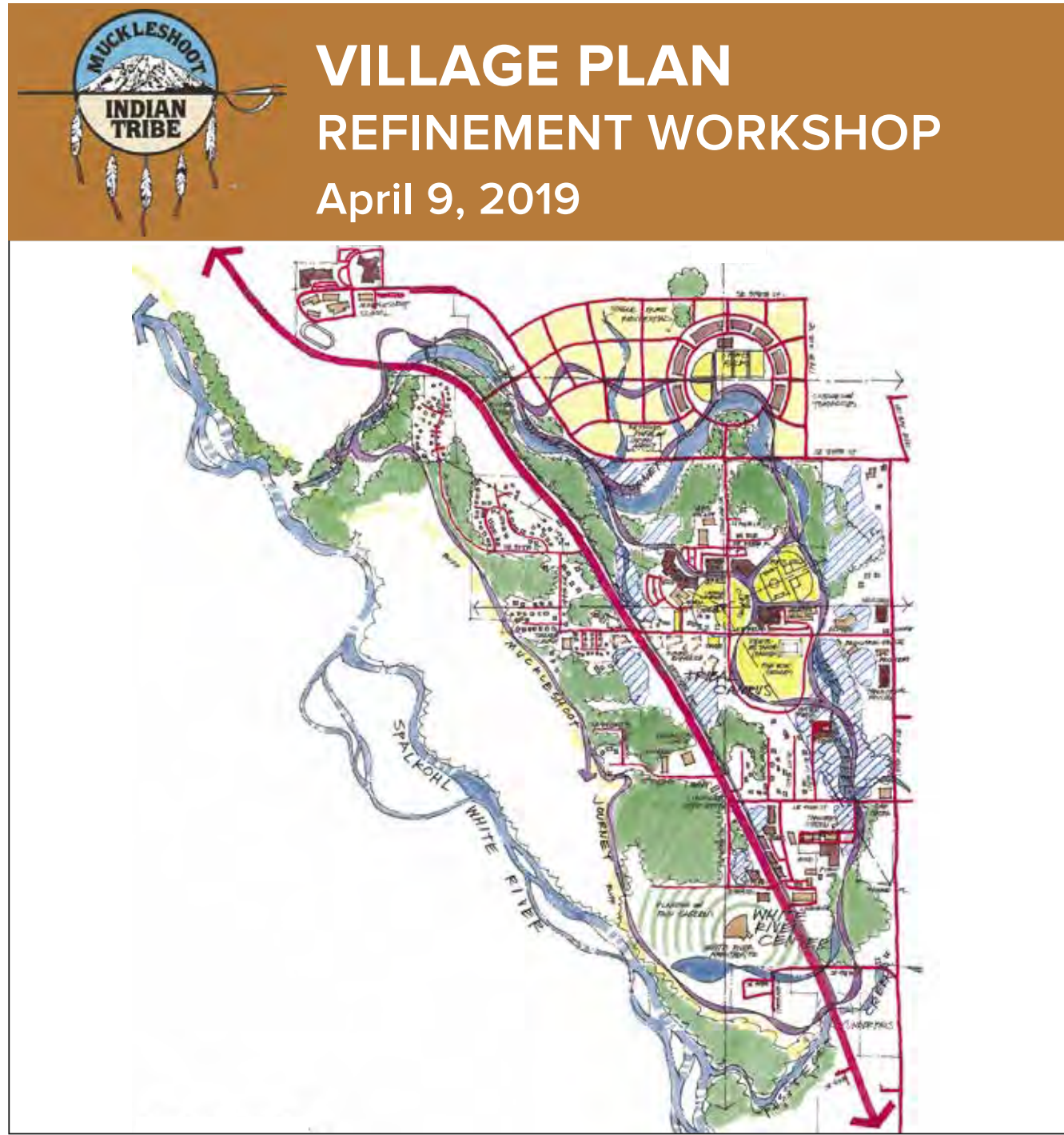
The Muckleshoot Tribal Council, Planning Commission, and Planning Department have led and developed a comprehensive village planning effort to help meet future housing needs, promote business opportunities and economic vitality, and provide a sense of place and cultural identity within the Campus Center located within the eastern portion of the Muckleshoot Indian Tribal Reservation.

The project goals and objectives are:

1. Create a vibrant community gathering place with neighborhood business vitality and promote pedestrian connectivity and accessibility;
2. Create well-defined and inter-connected neighborhood, public facilities, recreational centers, and open spaces;
3. Facilitate community participation in developing the Plans;
4. Serve as a guide to address community aspirations & Intentions.
5. Create a road-map to improve built & natural environments.
6. Establish policy approach to land development, public facilities, environmental protection

Extensive community outreach and engagement workshops with various departments and community groups have been conducted since November, 2018 throughout an 8-month planning process. The community input & perspectives were heard and gathered throughout the following public participation process. The community vision will drive the Plans' direction and recommendations. Later, various design alternatives were presented and discussed with various Community groups and departments throughout a series of workshop.

At every workshop sessions of the Comprehensive and Village Plans, there was a terrific energy in the room, a real sense of purpose, and fruitful conversation. The Planning Commission and Planning staff team are excited to have members from the community as part of the team and are pleased with the great ideas and sugges-



Come join us in the Cougar Room at the Philip Starr Building. We need your feedback!

Committee and Community Members will review and provide feedback on the draft preferred Village Plan Alternative. Meals are provided.

- 9am to 12pm
- 3:30 to 5pm
- 5:00 to 7pm

Technical Advisory Committee Engagement

Youth Advisory Committee Engagement

Community Engagement

Contact: "Gik" Krongthip Sangkapreecha, Planning Director
Office: (253) 876-3329, Email: ktsang@muckleshoot.nsn.us
Facebook: Muckleshoot Planning Department

tions received from the community. Their contributions were most helpful and assisted the Planning Team in comprehensive preparing

effort. Please come to the next workshop on April 9th, 2019 to review and provide feedback on the draft

Preferred Village Plan Alternative. Comments from you will help us shape the final plan. Please see flyer for additional workshop details.



Jon Michael Spencer

Jon Michael Spencer was born on July 16, 1960, late in the Washington summer. A warm Tacoma breeze ushered him into the world and a cold winter wind blew him out of it on February 25, 2019. He was 58 years old.



Jon, a member of the Muckleshoot and one of the Coastal Salish peoples, was part of the Pacific Northwest from start to finish. Born in Washington but raised in Oregon, Jon spent his time outdoors, creating, and loving his family. He drew inspiration from nature, his family, and life for each oil painting, poem, or story he created.

Full of laughter and quick to share his gifts, Jon spent his life fiercely loving and being fiercely loved. Music – loud, pulsing, and nearly a living thing that ran along his skin – was a favorite experience and something Jon sought out eagerly. He loved experiences that affected all senses and set his spirit alight.

Among the many hearts still full of love for Jon are his beautiful children Lee Declusin (Tara) of Everett, Craig Spencer of Oregon, Marina Spencer of Oregon, Jared Spencer of Oregon, Coral Scott (Takoda) of Oregon, and Katelyn Prater of Auburn; his brother Bob Spencer of Auburn; and his amazing grandchildren Kaydence Sickles, Carter Jackson, Brooklyn Declusin, Sophia Declusin, and Grayson Declusin.

Jon leaves with them a love for the open air, creating with paint or paper what your heart holds, and the skills for holding onto joy for as long as possible.

A funeral service was held on March 1, 2019 at the Muckleshoot Shaker Church, followed by time for sharing stories, Jon's favorite foods, and love for him. His ashes will be scattered so he will forever be part of the land that sustained him.

~ THE NATIONS ~

Imagine if all the great chiefs had been able to band together, sweated, held council, saw visions and gained all the power as one great nation, no war for the brown eyes would stand too tall on the top of the ridge. The look of all the chiefs, braves, warriors combined as war chiefs would look too vast to conquer. I close my eyes to imagine myself standing in among them. I can feel the power.

This land was the bounty for all their lives. Now look what they did for oil, wood, rocks, grass! Dying is a high price to have paid for all this waste. I look up and thank them anyway for their efforts, for they thought the price was for the honor of the eagle, buffalo, fish, people. I too consider my efforts here to be in vain. I have the power to find the difference; it makes me stronger inside.

Sometimes, my thoughts and visions seem small, but my beliefs are the thing I bring to you. Don't bleed for the sake of bleeding. Blood comes from wounds, but to bleed is life running towards the great places that exist inside our minds. When it stops, we are gone, empty of blood. Now we are full of spirits that pull us away from our used up bodies that now are free too. Now join with the rest of the nations of the proud and real tribes that once were...

Here, there, still everywhere.

Jon Spencer, 2001

MUCKLESHOOT INDIAN TRIBE
COMMUNITY GARDEN

Muckleshoot Tribal Members, the Community Garden is going to be opening March 18th! Planter box sign-up starts March 18th at Building Maintenance (38805 172nd Ave SE)
First Come, First Serve!

- 3/18 - 1st Round Sign-up: Participants may reserve 1 planter box
- 4/1 - 2nd Round Sign-up: Remaining planter boxes may be signed up to be reserved

For questions, please call: (253)285-4063 or email: sarah.burk@muckleshoot.nsn.us
We can help garden as needed!

Thank you! We hope to see you soon!

Come Celebrate With Us Veterans

Saturday, June 22nd 2019
10:00 AM – 11:00 AM
Muckleshoot Veterans Memorial Park Grand opening
39015 172nd Ave S.E. Auburn WA 98092

Lunch served at Veterans Building following ceremony.

Please contact Tony Gonzales @ (253) 876-3296 or Jesse McDaniel III @ (253) 876 3297 for any questions.
Light Refreshments will be served prior to Grand Opening Ceremony.

YOU ARE INVITED TO
ONE YEAR MEMORIAL VERA M. BARTLETT, PHD

Puyallup Tribal Youth Center
5803 North Levee Road
Fife, WA 98404

SATURDAY, APRIL 13, 2019 10:00AM-2:00PM

It is finally time to celebrate the love, laughter and wisdom she shared with all of us.

There will be a meal and a giveaway.

UPDATE
Free Red Cedar & Douglas Fir Trees

Free Red Cedar and Douglas Fir Tree Starters for Muckleshoot Tribal Members

Building Maintenance will deliver and plant for **All Muckleshoot Tribal Members 18 years old and older**
Tree recipients are responsible for watering

Trees may be picked up during business hours
Monday through Friday 7am - 4pm at
Building Maintenance | 38805 172nd Avenue SE
By Old Ball Fields and Sla Hal Shed

For delivery or additional information, call (253)285-4063
Available while supplies last

April 11th 2019
We Want You Muckleshoot Veterans To come join us

Washington STATE FAIR PUYALLUP SPRING FAIR APRIL 11-14

If you would like to take part in a day trip to the spring fair on April 11th at noon please come by Muckleshoot Veterans Affairs office or call 253 876 3296 or 253 876 3297 to let us know for tickets.

Salute To Armed Forces Night

SEATTLE MARINERS

Come join the Veterans Affairs Department for a Baseball Outing on April 13th 2019. If you Muckleshoot Veterans would like to join us contact Tony Gonzales @ (253) 876-3296 or Jesse McDaniel III @ (253) 876-3297 for more information ☺

SALUTE TO ARMED FORCES NIGHT

Vashon clam digging open & oyster permits available

The Muckleshoot Fisheries Division is pleased to announce that the Tribe's Vashon Island tidelands are OPEN for Clam Digging and Oyster Harvest Permits are now available at the Fisheries Office.



The Muckleshoot property on Vashon Island is over 100 acres of beautiful undeveloped land and is a favorite place to collect nettles in the springtime.

Fisheries staff routinely sample the clams and oysters at the tidelands and analysis by the Washington State Department of Health has shown that the level of the toxin that causes paralytic shellfish poisoning – also known as red tide – is within acceptable limits, allowing harvest of all bivalve species at the beach. Check the Fisheries hotline (1-800-FISH-NOW) to get the latest update. To harvest oysters, Tribal members – 18 years or older – must first obtain an Oyster Harvest Permit from the Fisheries Office in the Philip Starr Building. Each permit allows the subsistence harvest of 60 oysters on three separate occasions – no commercial harvest is allowed. After using the Oyster Permit for three days of harvest, the permit holder must return it to the Fisheries office for another permit to be issued – **so please make sure to return all old Oyster Permits even if you didn't harvest any oysters.**

This allows MIT Fisheries to monitor and keep an up-to-date inventory of the oyster resource at the tidelands. For individuals who cannot walk the 1/4-mile trail down to the Tribe's beach, special oyster requests from Tribal Elders and disabled Tribal members can be made at the Fisheries office. The natural populations of butter clams, little-neck steamers, cockles, and horse clams at the tidelands are in good condition, see the accompanying harvest information or contact Andy Dalton (253-876-3131) about harvesting opportunities. Please remember to always check the hotline (1-800-FISH-NOW) in the morning before going clam digging.

Things You Should Know About Clam Digging

1. Beware: You can get sick from clams harvested at Adelaide Beach, Alki Beach, Redondo, Lincoln Park, Salt Water State Park and all other beaches between Seattle and Tacoma. They are all potentially polluted and are closed by the Department of Health.



Clams from the Tribe's Vashon Island tidelands (including Butter clams, Cockles, Native Littlenecks, and Manila steamers)

- 2.** Tribal members can dig clams at the Tribe's property on Vashon Island. There are lots of butter clams and some steamers, horse clams and cockles at the beach. Directions are provided at the end of this list.
- 3.** Fisheries staff will be routinely testing the clams at the Vashon beach for "red tide" to insure the clams are safe to eat. Always check on the Fish Hotline (1-800-FISH-NOW) for results to see if the Vashon tidelands are open.
- 4.** Use a small clam shovel (not a fork or garden shovel). The Vashon tidelands are rocky and digging clams is more difficult than at sandy beaches. A clam shovel works best.
- 5.** If you want to go to the property by personal boat, the Fisheries Division will provide you with a chart to locate the tidelands and a good place to anchor or beach your boat.
- 6.** For driving directions on Navigation Apps use: 13060 Vashon Highway SW, Vashon Island, WA.
- 7.** The driveway at the property has a locked gate so call the Fisheries Division: 253-876-3131 to get the combination to the locked gate and updated red tide results.
- 8.** Check the ferry schedule that is printed here with the tide charts. There is a fee for the ferry from either West Seattle (Fauntleroy) or Pt Defiance (Tacoma) to Vashon Island.
- 9.** Fisheries staff will also be organizing clam-digging trips to Vashon Island for tribal members who would like to visit the property for a half-day outing, call Andy at the Fisheries Division, if you may be interested.
- 10.** There are various shellfish enhancement projects going on at the Tribe's tidelands. Do not harvest any of the shellfish in areas marked with RED stakes
- 11.** Tribal members, 18 years and older, can get an Oyster Harvest Permit from the Fisheries office. Permits are not issued at the beach.

Tribe's Equine Program Continues to Grow

By Kelly Ferguson

Muckleshoot Behavioral Health's Equine Program is in the ribbons! Mackenzie Lobehan, Ki-ana Aho and Briana Arvizu recently competed at the Donida Farms horse show series in Auburn. Briana and her project horse Sonny have moved into 2nd place for the series highpoint championship, which is a major accomplishment!

The Equine Program's Ride & Shine Team, consisting of Mackenzie Lobehan, Ki-ana Aho, Shiaz Ward, Brooke Hamilton and Briana Arvizu, recently attended the WA State Horse Expo in Vancouver, WA. The youth had the opportunity to attend clinics, learn about different equine disciplines and get inspired for the coming 4-H horse show season!

We have a talented group of young equestrians that are excited to represent the Muckleshoot community and the Sya Ya 4-H club this year. For more information on Behavioral Health's Equine Program and the Sya Ya 4-H Club please contact Muckleshoot Family & Youth services.



Youth Development Program attends the 2019 Unity Midyear Conference

On February 14th, five teens and two Youth Development Program staff embarked on a journey to Arizona, where they attended the 2019 Unity Midyear Conference! With excitement and anticipation underway, all came ready and open to learn! More than 300 attendees were expected at the conference, which promotes a program focused on youth leadership development, networking, and cultural exchange.

Every year the Unity conference has a specific focus that is driven and chosen by teens. This year's focus was advocacy. During the very first day of the conference, the President of Unity's Leadership Council led a discussion where he asked everyone to write down on a sticky note what they would like to advocate for within their community. After about 15 minutes of writing and quiet discussion, the overall chosen specific focus was advocating for community wellness.

YDP's teens participated in leadership based sessions, cultural activities, heard some amazing key note speakers, and had some overall fun where they built and established some relationships with other teens that participated in the conference.

"The conference was a good experience. I enjoyed it a lot. I would like to get more youth to go to these kinds of conferences so we can come back home and teach others how life needs to be, instead of how it is now," said Jordan Mathias, one of YDP's amazing teen leaders.

YDP attendees included: I'Monie Sykes, Nekole Bargala, Larissa Mathias, Jordan Mathias, John Starr; and staff: Benjamin Hamilton, Activity Coordinator; Katey Sias, Program Manager.



CLIP AND SAVE

CLAM DIGGING TIDES - VASHON ISLAND

April - May 2019

Day	Date	Time to Dig	Low Tide level: time
Saturday	April 20th	11:30 am - 1:30 pm	-0.9 ft @ 12:29 pm
Sunday	April 21st	11:45 am - 2:30 pm	-1.4 ft @ 1:09 pm
Monday	April 22nd	12:30 pm - 3:15 pm	-1.4 ft @ 1:50 pm
Tuesday	April 23rd	1:15 pm - 4:00 pm	-1.1 ft @ 2:30 pm
Wednesday	April 24th	2:00 pm - 4:30 pm	-0.5 ft @ 3:18 pm
Sunday	May 5th	11:00 am - 1:15 pm	-0.9 ft @ 12:07 pm
Monday	May 6th	11:15 am - 2:15 pm	-1.6 ft @ 12:43 pm
Tuesday	May 7th	11:45 am - 3:00 pm	-2.0 ft @ 1:23 pm
Wednesday	May 8th	12:30 pm - 3:45 pm	-2.1 ft @ 2:07 pm
Thursday	May 9th	1:15 pm - 4:30 pm	-1.8 ft @ 2:56 pm
Friday	May 10th	2:30 pm - 5:15 pm	-1.3 ft @ 3:49 pm
Saturday	May 11th	3:30 pm - 6:00 pm	-0.5 ft @ 4:49 pm
Saturday	May 18th	10:00 am - 1:00 pm	-1.7 ft @ 11:25 am
Sunday	May 19th	10:30 am - 2:00 pm	-2.2 ft @ 12:03 pm
Monday	May 20th	11:00 am - 2:30 pm	-2.3 ft @ 12:41 pm
Tuesday	May 21st	11:30 am - 3:30 pm	-2.1 ft @ 1:20 pm
Wednesday	May 22nd	12:30 pm - 3:30 pm	-1.6 ft @ 2:01 pm
Thursday	May 23rd	1:30 pm - 4:00 pm	-0.9 ft @ 2:44 pm

Hunter Education Certification Course offered by MIT Wildlife

The Wildlife Program is putting on a Hunters Education Field Course for those of you who have taken the online Hunter Education course from WDFW (www.hunter-ed.com/washington). Tribal members age 16 and 17 must pass the Hunter Safety Course if they want to get their own MIT hunting tags.



Once you pass the online test, you can print out your certificate and come to our next scheduled Field Course, which will be **Friday, April 12th, from 1-5pm in the Phillip Starr Building, Wildlife wing.** Any questions contact Mike Middleton at 253-876-3264

MIT Human Resources to roll out new Executive Management Training Program

MIT Human Resources would like to introduce a program that will be rolling out before the end of 2019: **The Executive Management Training Program.** What is this program you ask? It's a program that's designed to identify, train, and prepare a handful of enrolled Muckleshoot Tribal Members to acquire and develop the knowledge and skills to be successful in executive level positions.

The selected Muckleshoot Tribal Members will complete rotations throughout many of the MIT departments to learn about their operational functions and how they support the MIT Administration and the Muckleshoot Community. The expectations of this program will be that Muckleshoot Tribal Members are prepared to fulfill leadership roles within the Muckleshoot Tribal Government and/or other Muckleshoot entities.

More information will be released about this program as the details are finalized. If you have any questions, please inquire with the Muckleshoot Human Resources management team.

Native American Voting Rights Act is signed into law

OLYMPIA – Flanked by tribal leaders, including Muckleshoot's Virginia Cross, Washington Governor Jay Inslee signed the Native American Voting Rights Act on Thursday, March 14. Guided through the legislature by veteran Sen. John McCoy (D-Tulalip) and newly-elected Rep. Debra Lekanoff (D-Swinomish), the new state law is designed to empower Native American people to overcome the long-standing obstacles they face when they try to vote.

The bill was, in part, in response to a spate of new voter identification laws passed in other states that require voters to submit identification with proof of address. This has served to disenfranchise Natives, voting rights advocates have said. The case in North Dakota during the 2016 election, where tribal voters were a key constituency of narrowly defeated Democratic Senator Heidi Heitkamp is a recent case in point.

Many Native Americans in tribal nations located in Washington and

elsewhere live in homes on unmarked, unnumbered roads, and the new law allows them to use non-traditional addresses – or, alternatively, the address of a designated building on the Nation's land – to register to vote. It also allows each tribe to have a voter drop box on their reservations, something Muckleshoot has had for several years.

Native voting rights advocates across the nation hope that Washington State's bill will serve as a model for other states ahead of the 2020 presidential election.



It was a happy day for Northwest Natives. Everybody be sure to vote!



Rep. Lekanoff, Sen. McCoy, MIT Chair Virginia Cross and former Sen. Claudia Kauffman



Gov. Jay Inslee signing the Native American Voting Rights act into law.



Sen. John McCoy, D-Tulalip and Rep. Debra Lekanoff, D-Swinomish



Gov. Inslee addresses the gathering.

Join Us!
MIT Casino Job Fair
 April 17th, 2019
 8AM - 12PM
 Pizza will be provided!

The Muckleshoot Casino renovation and expansion project is getting started and the subcontractors will be looking for workers in all of the following trades:

HVAC, Electrical, Earthwork & Utilities, Iron Workers, Concrete, General Laborer, Roofing, Plumbing, Drywall/Metal framers, Painters, Rough Carpentry, Finish Carpentry, Fire Protection, Insulators, Demolition and Carpet Installers

Pay Range (Full time): TBD
 Pay Range (Part time): TBD

NORTHWEST NATIVE Ventures
 Guiding your business journey

Helping you with federal contracting certification, and more.

Are you interested in growing your business through federal contracting?

Northwest Native Ventures (NNV) is a business incubator for American Indian, Alaska Native and Native Hawaiian entrepreneurs and tribal businesses in Washington, Oregon and Idaho.

We offer free training and technical assistance on:

- 8(a) and other certifications
- Federal contracting best practices
- Cost and expense management

Spring 2019 Northwest Native Ventures Bootcamp

Learn how to improve your business at this **3-day, all-expenses-paid** training in Spokane, WA. Fifteen people will be selected to participate.

Trainers from:

- Hogan Entrepreneurial Leadership Program at Gonzaga University
- Minority Business Development Agency
- Small Business Administration
- Native Procurement Technical Assistance Center

Contact: Elizabeth Bohnee, Project Manager
 Phone: (509) 789-2867 | Email: Elizabeth.bohnee@kauffmaninc.com

Kauffman & Associates INCORPORATED

Northwest Native Ventures (NNV) is operated by Kauffman & Associates, Inc., and is funded by a grant from the U.S. Department of Commerce, Minority Business Development Agency.

TAX PREPARATION SERVICE AT THE PHILIP STARR BUILDING

LIBERTY TAX
 YOU DO LIFE. WE DO TAXES.

Liberty Tax is on-site providing tax preparation services for Muckleshoot Tribal Members only in the Philip Starr Building.

Dates & Hours of Operation:
 January 22nd to April 15th
 Monday to Friday 10am-5pm

Documents to Bring:
 Tribal ID
 Prior Year Tax Return, if available
 Dependent Information
 1099's
 W-2's
 Any other tax documents

In addition to on-site services with Liberty Tax, you may also go to any local Liberty Tax location - this means you do not have to pay out of pocket and your bill will go directly to the Finance Department. The closest offices are:

Auburn	Bonney Lake	Kent
901B Auburn Way N Auburn, WA 98002 253.258.0091	20972 State Rte 410 E Bonney Lake, WA 98391 253.321.8037	25451 104th Ave SE #104 Kent, WA 98030 253.218.3636

You may also use any other tax preparer you choose and get reimbursed up to \$200 (\$220 if box 7 is checked on your 1099). For reimbursement, please bring a receipt that contains your name, tax year, address and amount to Finance.

Employees and community members receive a 30% discount from Liberty Tax. Please see the Finance Receptionist for coupons.

Highlights

Muckleshoot Housing Authority Years of Service RECOGNITION



Each year, the MHA hosts an employee recognition luncheon to highlight years of service from employees.

The MHA is a great place to work and this is measurable by the many employees with long service records. We truly enjoy our work in and for the community and thank the Muckleshoot Tribe for the

opportunity to be a part of the community. We thank all of our staff and recognize the following individuals for their years of service in 2019.

5-Year Service Recognition

- Michelle Leverenz, Finance Department
- Louie Moses, Maintenance Department

15-Year Service Recognition

- TJ Pedro, Maintenance Department
- Andrea Hatch, Resident Services Department

Muckleshoot Housing Authority – Recipient of the ROSS Grant

The US Department of Housing and Urban Development (HUD) recently announced grant awards for the highly competitive Resident Opportunities and Self Sufficiency (ROSS) Grant. HUD has awarded \$29 Million to promote employment and self-sufficiency for public housing residents and Muckleshoot was one of four Housing Authorities in Washington

State to secure a portion of this funding.

This funding will be utilized to hire a ROSS Service Coordinator who will assess the need of residents and coordinate available community resources to promote self-sufficiency. The goal of this program is to develop local strategies to coordinate the use of assistance for housing

recipients of private and public resources, supportive services and resident empowerment activities. These services should enable participating families to make progress toward achieving economic independence and housing self-sufficiency.

We are excited to implement this exciting program...more to come soon!

Equity Loans for Renovations

Home Equity Loan

A home equity loan is a type of loan which the borrower uses the equity of his or her home as collateral. The loan amount is determined by the value of the property and the loan balance.

Property Value – Loan Balance = Home Equity

property by allowing them to tap into their home's equity. If you have at least 10% equity in your

loan amount of 75% of the appraised value, less the balance owed on the existing mortgage.

[Appraised Value] – [Home Loan Balance Owned] = [Equity] x .75 = [Home Equity Loan Amount]

Before and after home appraisals must be performed if the borrowers home equity is less than 20% based on current estimates from Redfin or Zillow.

The Muckleshoot Home Loan Program has streamlined home improvement loans by offering Home Equity Loans. This saves the borrower time and money by eliminating the need to refinance their

home, you may be eligible to make home improvement and repairs through a Home Equity Loan. Home Equity Loans are exclusively for repairs or renovations with a maximum

Program Offering Update

There have been a couple exciting changes in 2018 to the Muckleshoot Tribal Home Loan Program. The Tribe has amended the policies as they pertain to Loan Maximums. There has always been a max loan limiting the financing available for home purchases. The revised policy allows

Tribal Members to qualify for home loans based on their financial standing and the appraised value of the home, without a limit on the amount participants can borrow. The second exciting program offering is Land Loans for the sole purpose of purchasing buildable land for the

construction of a new home. Whether you are purchasing your first home, or have a mortgage but would like to build a new home and sell your home after construction of a new home, the Tribe has updated the Loan Program to meet this need.



To learn more about Home Equity Loans and the Home Loan Program contact Cheryl O'Brien at (253) 876-3154 cheryl.obrien@muckleshoot.nsn.us

Muckleshoot Housing Authority Finance

Muckleshoot Tribal Credit Program



The Muckleshoot Housing Authority has become the one-stop financial center for lending services. We are excited to announce that the program formally known as the Loan Guaranty Program is now the Muckleshoot Tribal Credit Program "MTCP" and is being administered at the Muckleshoot Housing Authority. Tribal Member can now apply for home loans, secured loans, and unsecured loans at the Housing Authority.



Lending services through the MTCP are 100% funded and serviced through the Tribe and Housing Authority...no more outside banking institutes. Columbia Bank will continue to service the loans that were originated during the Loan Guaranty Program. All new loans will be originated and serviced by the MHA. The following are several benefits of this change:

• Faster Funding

– Outside banking institutes can take 15-30 days to fund vehicle loans. The MTCP can fund vehicle loans within 5-days of vehicle selection and insurance submission. Used cars may take 1-day longer due to necessary inspections.

• Negotiate Debt Settlements

– Using outside lenders for debt consolidations makes it impossible to negotiate debt settlements. Most creditors will settle debts for less than what is owed but they will require payment right away. Using outside lenders makes this impossible because the funding of the loan takes too long.

• Lower Interest Rates

– The Tribe has the control to fund and set the interest rates for Members.

• Interest Income Stays With the Tribe

– The interest income is coming back and being reinvested into the Tribe and Members and is not going to a Bank.

• Faster Loan Processing:

Loan processing is reduced to 10 business days vs. 30 days with outside lenders. This is dependent on all the required documentation being submitted by the applicant.

• Incentives and Customization

– The Tribe has the ability to recognize specific eligibility for lower interest rates such as reduced interest for Tribal members who have lived on the reservation their entire life.

The MTCP currently features the following lending services.

Secured Loans up to \$70,000 based on financial eligibility.

• Cars, Trucks & Motorcycles – 3% Interest.

• Boats, RVs, & ATV, Other Titled Collateral – 5% Interest

Unsecured Loans up to \$20,000 based on financial eligibility – 7% Interest.

• Loans for goods or services including:

boat repair, auto repair, furniture, appliance, additional request require prior approval by the Loan Review Committee.

• Loans for debt consolidation

including the following types of debt: credit cards, unsecured loan, payday loans, collection accounts, medical collections, debts required to maintain employment or licensing, and judgments.

The Tribal Council established the MTCP to help tribal members establish or repair their personal credit, consolidate and reduce existing debt balances, pay off debt balances with high interest rates, and to purchase or refinance motor vehicles and other titled collateral.

Up to 1% Interest RATE REDUCTION

• Borrowers with an average credit score above 700 = 0.5% Interest Rate Reduction

• Borrowers who have resided within the Muckleshoot Reservation their entire life = 0.5% Interest Rate Reduction

To inquire about program eligibility or to apply for a loan, please contact Dyna Khuy (253) 876-3218 dyna.khuy@muckleshoot.nsn.us



Muckleshoot Housing Authority

Phone: (253) 833-7616 After Hours Maintenance Emergency (253) 261-0779

Highlights

Staff and Community Involvement

ICDBG to Elders Maintenance

The Skopabsh remodel projects through the Indian Community Development Block Grant "ICDBG" are wrapping up this year. We currently have two homes that will be remodeled once residents are relocated. We are also working on sidewalk improvements throughout the Village.

Our ICDBG crew is also transitioning into their new role of serving Elder work orders. Along with daily work orders called into Housing, they will be initiating preventative maintenance plans to include routine furnace filter replacement, gutter cleaning, etc.

Auburn Seventh-day Adventist Church

Housing would like to send a big thank you to Auburn Seventh-day Adventist Church, (whose mission is to Love, Connect and Serve) for donating brand-new furniture to several families in the community. Their donations really helped out these families. The Elder's Maintenance Crew, picked up multiple truck loads, assembled the furniture, and delivered it to families in the community.



"The mission Statement of the Seventh-day Adventist Church, is to Love, Connect and Serve."

Community Projects and Training

Cherdy Chelly is taking the lead on developing and coordinating training opportunities for the community. Her classes will include home repairs, emergency preparedness, safety and DIY projects.

Cherdy also started a dance class as a way to reach out to the youth. Three times a week, kids gather at the Maintenance & Training Facility to dance, have dinner, and learn about respecting each other and the community. We would also like to recognize Cherdy for her excellent work with the community garden. The kids performed at the Muckleshoot Tribal School's Potlatch on March 21st at noon.

Inclement Weather

Recent snowy weather resulted in closures of the Tribal Offices including the Housing Authority. We'd like to extend our thanks to all the programs that provided services during this time and in preparation for the storms. We specifically want to thank the Public Works staff for clearing the roads and making them safe. We'd also like to thank the Tribal Leaders for looking out for the safety of employees by providing Administrative Leave to staff.

Here at Housing, we'd like to specifically recognize the following employees and vendors:

TJ Pedro:

TJ Pedro from our Maintenance Crew volunteers to take the Afterhours Emergency Phone (253) 261-0779 for Housing. We'd like to recognize TJ for his commitment and willingness to be on-call to serve the community.

Stephanie James:

Stephanie James is our Occupancy Manager for the Rental Program. During the snow storm, Skopabsh Village was without power. Stephanie came in and opened the Maintenance & Training Facility as a warming center for residents without power. She also coordinated crafts, movies, etc. with the neighborhood kids and cooked and shared a meal with families in the Village.

Perez Plumbing:

Perez Plumbing is one of our plumbing contractors. We'd like to thank them for responding to emergency calls during the weather. Having functional plumbing is essential to health and sanitation and when the weather makes it unsafe to travel, we are lucky to have committed contractors to help.

Plateau Heating:

Plateau is another contractor that goes above and beyond to assist the community. Again, heat is essential to health and safety and their responses to emergency calls are appreciated.



Check out the Tribe's NEW Homeowner Insurance Assistance Program!



If you are an Elder, permanently disabled, and/or a Veteran Muckleshoot Tribal Member YOU MAY QUALIFY FOR FINANCIAL ASSISTANCE with obtaining and maintaining homeowners insurance. Qualified applicants must have been enrolled for five or more years and permanently occupy the home for which the assistance is being provided. The assisted home must be located within the following Washington State Counties: Whatcom, Skagit, Snohomish, King, Pierce, Thurston, Mason, Jefferson, Grays Harbor, Clallam, Kitsap, San Juan, or Island.

To learn more, please contact Andrea Hatch (253) 876-2861



Congratulations Chris Smith for Six Years of Awesome Financial Future Classes at Muckleshoot Money Skills for Life



financial lives. Chris worked with the role models one on one, in order to learn in detail what the real financial lives of community members were like. At the same time, the role models made financial progress, and increased their trust in Chris. After several months, everyone sat down together and designed the course content for Muckleshoot Money Skills for Life. The first class was in September of 2013, the program took off and we haven't slowed down since!

Six years and 31 classes later, Muckleshoot Money Skills for Life is still going strong. In 2013, local personal finance expert Chris Smith had just published his first book on the subject, and was ready to turn his attention to teaching live classes. Meanwhile, Muckleshoot Housing was

looking to improve the quality of financial education for the applicants to the Tribe's various housing programs. They wanted a program that was relevant and powerful enough to create permanent, positive improvement in the students' financial lives.

Through a mutual contact at the Tribe's mortgage banking partner, Housing staff and Chris were introduced - and the wheels started turning immediately! Chris was introduced to four members of the community who were called the "role models." The role models represented a

true cross-section from the community: one single male, one single mother, and one married couple, all at different stages in their





MUCKLESHOOT END OF SEASON FISH DINNER 2019

MUCKLESHOOT
PENTECOSTAL
CHURCH

FRIDAY, FEBRUARY 22, 2019

PHOTOS BY JOHN LOFTUS





2019 MUCKLESHOOT ELDERS LUNCHEON

DATE: April 30, 2019
LOCATION: Puyallup AgriPlex Building
1404 5th ST SW
Puyallup, WA 98731
TIME: Doors open at 8:00AM
Lunch Served at 12:00PM

Please join us for Lunch,
Entertainment, Gifts, and
Door Prizes

Elders Complex will start pick up @ 9am
Muckleshoot Transportation will be providing Transportation
to the Luncheon
For all questions, please contact the Elders Complex Receptionist at
(253)876-2888




EMERALD DOWNS

Opening Day of Racing is Saturday, April 20!

FAMILY TREE BOOK BEING UPDATED!

The Muckleshoot Family Tree is being updated! The last edition was 2008. If you have family that was not included in the last book, please notify Pat Noel Fleming at pnflem@comcast.net with name, parents' names and family's they belong to. I am also at the Philip Star Building on some Thursdays with Kerri Marquez. ~ Pat Noel Fleming




“Dignity”

This wonderful 50-foot tall metal statue of a Native American woman dancer with star quilt towers atop a bluff overlooking the Missouri River near Chamberlain, Nebraska. Dedicated in 2016, the Dignity statue is located at a rest area on I-90. Colorful LEDs light up details of her regalia and star quilt at night.

PUT THIS on YOUR CALENDAR!

April 23, 2019

Earth Day



Sla-Hal Shed 9am - 5pm

Please join us for a day of cleaning,
planting & taking care of our sacred Mother Earth

15th ANNUAL SAVE THE DATE!

Native Women's Leadership Forum and Enduring Spirit Honoring Luncheon



May 16-17, 2019
Great Wolf Lodge
www.enduringspirit.org for more information

EMERGENCY CONTACT NUMBERS

FOR FIRE, MEDICAL, OR POLICE EMERGENCIES CALL 911 FIRST

- TRIBAL GOVERNMENT BUILDING — AFTER HOURS EMERGENCY LINE (4PM — 7AM)
(253) 561-1297
- GENERATOR — ELDER AND TRIBAL GOVERNMENT BUILDING EMERGENCY LINE
Gregorio (253) 409-3885 | Brook (253)736-3891
- SECURITY EMERGENCY LINE
FOR EMERGENCIES, CALL 911 FIRST THEN SECURITY
(253) 261-7707
- TRIBAL HOUSING EMERGENCY LINE
(253) 261-0779
- PUBLIC WORKS EMERGENCY LINE
(253) 876-3030
- EMERGENCY MANAGEMENT
Ada McDaniel (253) 261-0779

CHEHALIS TRIBAL LOAN FUND WWW.CTLF.WEEBLY.COM

NATIVE CARVERS SHOWCASE



◆ CARVERS SHOWCASE ◆
◆ MARKETPLACE ◆



◆ TRADITIONAL FEAST ◆
◆ CARVING CLASSES ◆
◆ ARTISTS BUSINESS TRAINING ◆

MAY 18, 2019
9:00 AM - 4:00 PM
CHEHALIS TRIBAL COMMUNITY CENTER
OAKVILLE, WA

CONTACT: DIANA @ 360-709-1631 OR EMAIL - DPICKERNEL@CHEHALISTRIBAL.ORG

MUCKLESHOOT TRIBE MEMBERS



We are located in the Phillip Star building to assist with all your tax needs. Bring in your Tribal ID, dependent information if applicable, and 1099-MISC/other tax documents.

Want more information? | Open Monday-Friday 10am-5pm
Contact us! | (253) 561-7144
liberty21090@gmail.com



YOU DO LIFE. WE DO TAXES.
libertytax 866-871-1040 LibertyTax.com

FREE WILL DRAFTING

FOR MUCKLESHOOT TRIBAL MEMBERS, NON-TRIBAL SPOUSES, AND MEMBERS OF THE COMMUNITY



Please call or email to schedule an appointment:

Law Offices of Kate Jones
katejoneslaw@gmail.com
(206) 370-1034
www.lawofficesofkatejones.com

Office hours are the first Wednesday of every month at the Philip Starr Building, Office #283.

Basic Estate Planning Includes:

- Will
- Power of Attorney
- Healthcare Directive
- Disposition of Remains

SERVICES PROVIDED BY:

 Law Offices of Kate Jones
Wills & Estate Planning Services

Enumclaw School District

Sponsored by Muckleshoot Indian Tribe

→ Enumclaw High School ←
226 Semanski St S
Enumclaw, WA 98022

Friday, April 12, 2019
Grand Entry 7pm

Dance Contest

Golden Age (55+)
Adult Categories (18-54)
Mens: Traditional, Grass, Fancy
Womens: Traditional, Jingle, Fancy

Teen Categories (13-17)
Boys: Grass, Traditional, Fancy
Girls: Fancy, Jingle, Traditional

Junior Categories (6-12)
Boys: Grass, Traditional, Fancy
Girls: Fancy, Jingle, Traditional

Dance and Drum Registration

- * No Dance Registration Fee
- * Payment to first 4 drums registered and set up

Head Staff

- * Emcee: Solomon Scrabbyrobe
- * Arena Director: Ken E.T. Gopher
- * Host Drum: Painted Elk
- * Head Man: Colby White
- * Head Woman: Madrienne Salgado
- * Color Guard: Inter-tribal Warrior Society
- * Tax forms required for participants, social security number will be needed. Canadian citizens will need to fill out W-8BEN forms.
- * Drug, Alcohol & Smoking Free Event

Pow Wow Questions

Jen Leatham 360.802.7546
jennifer_leatham@enumclaw.wednet.edu

Vendor Contact

Leslie Guezada Garcia
leslie_guezadagarcia@enumclaw.wednet.edu
Vendor Registration:
<https://goo.gl/forms/vNxxYFtGMEFr8Jll>

24th Annual POWWOW

Want Your Medical Bills Paid Quicker?

If you are getting statements from a doctor, hospital, x-ray, ambulance, lab and you received a PO number from CHS.

If you have insurance and got a PO number from CHS, please bring in the EOB, paper from your insurance stating how they processed/paid your bill.

Please bring the statement(s) and anything from your insurance to the CHS office, so we can pay your medical bills faster.

Many times, your doctor does not send the CHS office your bills, then you keep getting statements... bring anything in that you get for your bills if you got a PO number.

The CHS office can't pay a bill if we don't have it.

Thank you
CHS Team
(253) 939-6648

State of Washington Services Card
MARTHA WASHINGTON
123456789WA
Date Issued 5/10
ProviderOne

ARE YOU NEEDING A NEW PROVIDER ONE CARD?

YOU CAN GET A REPLACEMENT THREE WAYS!

- CALL 1-800-562-3022 EXT 15616
- ONLINE <https://www.waproviderone.org/client>
- COME INTO THE MUCKLESHOOT MANAGED CARE DEPARTMENT!

17500 SE 392ND ST AUBURN WA 98092
253-939-6648

Come in and get your Annual Diabetic Eye Exam to be entered into a drawing for FREE Prescription sunglasses!

FREE

Prescription sunglasses!

All Diabetic Eye exams in 2018 will be entered into the drawing!

We will pick a winner in January 2019!

MHWC Optical Department:
Hours of operation - Monday - Friday
8:00 A.M. - 5:00 P.M.
-Closed from 12:00 P.M. - 1:00 P.M.
Direct Line: (253) 735-2020
HWC: (253) 939-6648

Medicare 101

Why do I need Medicare when I turn 65 yrs. old?
What does Medicare pay for?

Part A (Hospital Insurance)
Helps cover:
• Inpatient hospital stays
• Skilled nursing facility care

Part B (Medical Insurance)
Helps cover:
• Services from Doctors and other health care Providers
• Outpatient medical visits
• Durable medical equipment (like wheelchairs, hospital beds, and medical supplies)
• Preventative services (screenings, shots & Wellness)

Part D (Prescription Drug coverage)
Helps Cover:
• Costs of Prescription Drugs/Medications

Come in to learn more about Medicare coverages

Muckleshoot Health & Wellness Center
Managed Care Department
17500 SE 392nd Street
Auburn, WA 98092



Muckleshoot Health & Wellness Center

17500 SE 392nd Street, Auburn, WA 98092
Main Line: (253) 939-6648

DEPARTMENT:	PHONE:	HOURS:
Behavioral Health Mental Health & Chemical Dependency	(253) 804-8752	8:00am - 5:00pm
Community Health/CHR's	(253) 939-6648	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
Dental Clinic	(253) 939-2131	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
Family & Youth BH Services Youth Mental Health & Chemical Dependency	(253) 333-3605	8:00am - 6:00pm
Medical Clinic	(253) 939-6648	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
MEIHSS Elders In-Home Support Services	(253) 876-3050	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
Optical Clinic	(253) 735-2020	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
Pharmacy	(253) 333-3618	8:00am - 6:00pm Lobby Closed 5:00p-6:00p Walk-Up window open 5:00p-6:00p
PRC formally named CHS Purchase Orders	(253) 939-6648	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
Recovery House	(253) 333-3629	24 hours
Registration Department	(253) 939-6648	8:00am - 5:00pm Closed Lunch: 12:00p-1:00p
Wellness Center	(253) 333-3616	
Gym Hours		Monday - Friday 6:00am - 9:00pm Saturday 8:00am - 5:00pm
Pool Hours		Monday - Friday 6:00am - 8:30pm Saturday 8:00am - 4:30pm
WIC Office	(253) 939-6648	Thursdays ONLY 8:00am - 4:30pm Closed Lunch: 12:00p-1:00p

ALL DEPARTMENTS ARE CLOSED ON SUNDAYS

ATTENTION TAX FILERS

If you had health insurance in 2018 you will likely be receiving forms from either the Washington Health Benefit Exchange or your employer. These forms are used when filing your income taxes. These are the names of the forms and what they mean:

- 1095-A** Is for:
- Customer enrolled in a Qualified Health Plan, purchased through the exchange.
 - This will be mailed to you by Washington Healthplanfinder.
 - If you have questions regarding how this form is used please see your tax preparer.
- 1095-B** Is for:
- Customers Enrolled in Washington Apple Health, also known as Medicaid.
 - It is important to keep this form for your records even if you do not file a tax return.
 - This form will be mailed to you by the Washington Health Care Authority.
 - This form serves as proof of minimum essential coverage for the year.
- 1095-C** is for:
- People who have employer sponsored insurance.
 - Form will list all covered individuals under your employer provided health insurance.
 - This form serves as proof of minimum essential coverage for the year.
 - This form should be mailed to you by your employer by March 31st.

ANY QUESTIONS, FEEL FREE TO STOP BY THE MANAGED CARE DEPARTMENT AT THE MUCKLESHOOT HEALTH AND WELLNESS CENTER!

HOW TO APPLY FOR THE 2018 TAX EXEMPTION FOR AMERICAN INDIANS AND ALASKAN NATIVES

It is important to note that if you were not enrolled in minimum essential health insurance coverage, you may be subject to a fine at tax time unless you qualify for one of the following exemptions:

- 1) You are a member of a Federally recognized tribe;
- 2) You are a member of the Alaska Native Claims Act Corporation (ANCSA);
- 3) You are eligible to receive services from an Indian Health Care Provider at I.H.S.,

How to Claim the Exemption on your Federal Income Tax Return:

- 1) Complete the IRS Form 8965—"Health Coverage Exemptions"
- 2) On Part III of the form enter "Code E" for the Indian Exemption in column "c" and check the box in column "d" for "Full Year"
- 3) Include your completed Form 8965 when you file your income taxes

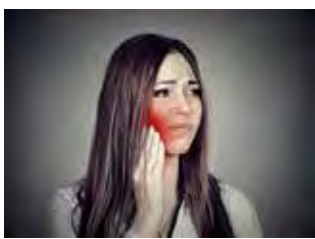
For More Information contact:
The Managed Care Department
Muckleshoot Health & Wellness Center
Ph # 253-939-6648



Are You Prepared for a Dental Emergency?

GUIDELINES FOR MOST COMMON DENTAL EMERGENCIES

Toothache: Rinse your mouth gently with warm water to clean it out. Never put an aspirin tablet or any other pain reliever against the gums near the aching tooth. This won't relieve the discomfort and could burn your gum tissue, adding to the problem. Take a recommended dose of pain reliever, ibuprofen (Advil) is best, with a full glass of water. Don't rely on pain relievers long-term. You may be temporarily more comfortable, but the problem won't fix itself. Contact the dental clinic as soon as possible for help.



Knocked-out tooth: First, stay calm and try to find the tooth! This may take a bit of looking, as these emergencies often occur while on a playground, a basketball court or while biking or skateboarding. Rinse the tooth off gently with water, without any scrubbing or use of a toothbrush. Keep the tooth wet in a cup of milk. There is a chance that these teeth can be successfully splinted back in place and will function as normal. Time is of the essence, so contact the dental clinic as soon as possible.

Broken tooth: Rinse your mouth gently with warm water to clean it out. The tooth will likely be sensitive to hot and cold, so covering it with a wet piece of gauze or facial tissue will keep you more comfortable. Contact the dental clinic as soon as possible.



Facial, tongue or lip wounds: Clean the area gently with a clean damp washcloth and apply cold compresses to reduce swelling. A good cold compress is a baggie of ice wrapped in a cloth, applied repeatedly for 15 minutes on and 15 minutes off for the first few hours. Facial wounds can sometimes bleed a lot. Apply direct pressure to the wound with a clean cloth to slow and stop any bleeding, but you should go to the emergency room if the bleeding continues or concerns you. If it ever feels like your teeth don't fit or close together normally after any facial impact or injury, this could be from a broken jaw. You should go to the emergency room immediately.

Objects stuck between teeth: The most common culprits are popcorn husks! Try to gently remove the object with dental floss. Never use a pin or other sharp instrument to try to remove the object. If you can't get the object out, contact the dental clinic and we will help you.

A temporary or permanent crown comes off: The tooth will likely be sensitive to hot and cold. Place a small dab of drugstore denture adhesive or Vaseline in the crown and set it back on the tooth. This should control any sensitivity and keep the crown in place, but be very careful to avoid chewing on the tooth or the crown could come back off. Contact the dental clinic as soon as possible to have the crown recemented properly.

Our goal in the dental clinic is always to keep you comfortable, whether you are having a dental emergency or not. Feel free to call us anytime with any dental questions you may have (253-939-2131). You should always call the dental clinic immediately for instructions on how to handle any dental emergency during weekday business hours.



Hatha Style Yoga

Hatha is the practice of physical yoga with a main focus of posture and a great way to work on dynamic stretching!

Classes will be held:
 Monday noon
 Wednesday noon
 Wednesday 4:30 pm
 Saturday 10:00 am

Look beyond the bathroom scale and find out what your physical health really is.

Scales give you vague information and cannot tell the difference between fat, muscle, water, organs, etc. We have a tool at the Wellness Center that can measure your overall body composition and give you a truer insight to your physical health.

See What You're Made Of

In under a minute see your:

- Body Fat Mass and Percentage
- Cell Health
- Total Body Water
- Total Skeletal Muscle Mass
- Segmental Lean and Fat Analysis

Call the Wellness Center at (253) 333-3616 to make an appointment or just come on in!

Feathered Healing Circle

The Feathered Healing Circle is now having people call who need AA or NA meetings. Please call me to arrange a time and date for meeting. These meetings will also be on journey this year going to Lummi and Alcatraz. So just let me know you need a meeting. I will travel within Auburn area. Call Cynthia Lozier, 253-218-5542



Relative & Foster Care Program

We Need YOUR Help to become a Licensed & Loving Safe Home for OUR CHILDREN

Foster a Child

MCFS Office Location: 38017 172nd Street SE, Auburn WA 98002
 MCFS Main: 253-833-8782
 Foster Licensor: Trudi Moses 253-876-3397 Cell: 253-880-6968
 Director: Cynthia Orio 253-876-3396

IF YOU ARE NEEDING A REPLACEMENT:
 - MEDICARE CARD
 - SOCIAL SECURITY CARD
 - MEDICARE BENEFIT LETTER

THERE ARE TWO SOCIAL SECURITY OFFICE LOCATIONS THAT MAY BE ABLE TO ASSIST YOU.

KENT 321 RAMSEY WAY SUITE# 401 HOURS OF OPERATION: MONDAY, TUESDAY, THURSDAY, FRIDAY 9:00 AM – 4:00 PM WEDNESDAY 9:00 AM – 12:00 PM	PUYALLUP 811 S HILL PARK DR HOURS OF OPERATION: MONDAY, TUESDAY, THURSDAY, FRIDAY 9:00 AM – 4:00 PM WEDNESDAY 9:00 AM – 12:00 PM
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MAIN SOCIAL SECURITY PHONE NUMBER: 1-800-772-1213

Native Community Helpers

A Community Wide Effort to Prevent Suicide

Native Community Helpers are Community Members who are trained in Suicide Prevention.

This program was started to empower Community Members to help friends, family and loved ones who are struggling with suicide by providing training, education and ongoing support from Behavioral Health Program on suicide prevention.

The first step to join this effort is completing a Native Community Helpers Training on suicide prevention offered monthly by the Behavioral Health Program. The training includes learning how to identify individuals at risk, learning the warning signs, resources available in community and how to support anyone at risk in seeking professional help. It's an opportunity to take an active role in supporting the Community and save lives.



All Community Members are welcome to participate in these monthly trainings. So far, over 80 Muckleshoot Community Members have completed this training since September 2017.

Following completion of the training, each Member is invited to monthly Native Community Helper Meetings where Community Members take an active role in determining the Community's needs around suicide prevention and receive additional training, education and support from Behavioral Health Program facilitators tailored to these needs.

- Sign up one of these ways:
1. Call Behavioral Health Program: (253) 804-8752
 2. Send a text message with your name: (253) 740-4586
 3. Go to this link to sign up: <http://surveyanplace.com/s/qtxbej>

"I like how [BHP facilitators] give us ideas of things to say in time of need & how to notice signs of depression & signs of suicide"- Mary Weed, a Native Community Helper

To get help for yourself or someone you know to Prevent Suicide call:
 Behavioral Health Program at: (253) 804-8752
 King County Crisis Line after hours at: (206) 461-3222
 In an Emergency call: 9-1-1



Child Find Screening

What is a Child Find Screening?

Screening is a free check of your child's development—including:

- Large muscle development
- Eye-hand coordination (fine motor skills)
- Communication
- Concepts
- Personal-social skills, self help skills
- academic skills



What is the purpose of a Child Find Screening?

The purpose of the screen is to identify any factors that may interfere with your child's learning, growth, and development. The screening is also provided to help parents identify their child's strengths and weaknesses and provide home suggestions.

What happens during a Child Find Screening?

During the screening, your young child may stack small blocks, cut with a scissors, draw, count, name colors, jump, and have fun! For older children and teens it may include academic, social and emotional, communication screening. Following the screening, a trained professional will talk with you about the results of the screening. You will have the opportunity to ask any questions about your child's development. You may be given home suggestions, referred on for further testing, or be scheduled to have skills rechecked at a later date. The screening process usually takes about 45 minutes.

Who is eligible to be screened?

Any child, from birth through 21, whose family or care givers would like more information about their child's development. All school districts within Washington State have Child Find screenings available. If your family is living in a temporary situation, you may contact the district where you are staying to attend a screening.

Where can I go for screening?

For more information and to schedule a screening, please contact:

Muckleshoot Tribal School Helen Feiger Student Support Services Coordinator 15209 SE 376 th St Auburn WA 98092 253-931-6709 Ext 3700	Marty Laronal Support Services Manager Muckleshoot Early Childhood Education Center 15599 SE 376 th St Auburn, WA 98092 253-876-3056 Ext 3922
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FENTANYL WARNING

Fentanyl is causing an increasing number of **deaths** in King County.

Most drugs can be cut with **fentanyl**.

Fentanyl has been found locally in fake oxycodone pills & in white and blue powders.



Drugs pictured here were found at overdose death scenes in King County and tested positive for fentanyl.

Public Health
Seattle & King County

HOW TO AVOID OVERDOSE



DO NOT USE ALONE



START WITH A SMALL AMOUNT
Fentanyl is a potent drug about 100 times more powerful than other opioids.



WATCH AND WAIT BEFORE THE NEXT PERSON USES



HAVE NALOXONE READY
You can get Naloxone at the Needle Exchange.



AN OPIOID OVERDOSE IS A MEDICAL EMERGENCY. CALL 911 RIGHT AWAY
Washington's Good Samaritan Law helps protect you.

TREATMENT WORKS
Call the Recovery Hotline at 1-866-789-1511
Or visit www.stopoverdose.org

MUCKLESHOOT WELLNESS CENTER		
GYM HOURS: MONDAY-FRIDAY 6AM - 9PM / SATURDAY 8AM - 5PM		
POOL HOURS: MONDAY - FRIDAY 6AM - 8:30PM / SATURDAY 8AM - 4:30PM		
Days	12 pm	6pm
MONDAY	Fighter Fit Boxing/Conditioning Class Yoga Stretching & Conditioning Class	Ninja Warrior Obstacle Course
TUESDAY	ABC Circuit Strength & Conditioning	Step Class Cardio using steps and incorporates music and dance
	Spin Cycle Class with Spin Bikes	
WEDNESDAY	Fighter Fit Boxing/Conditioning Class Yoga Stretching & Conditioning Class	Follow the Leader Can be anything
THURSDAY	Step Class Cardio using steps and incorporates music and dance	Ninja Warrior Obstacle Course
FRIDAY	Movestrong Circuit Training on the Movestrong equipment ABC Circuit Strength & Conditioning	Movestrong Circuit Training on the Movestrong equipment
SATURDAY	Spin Cycle Class with Spin Bikes	Brazilian Jiu Jitsu

What are Needle Exchanges and why do we have them?

Muckleshoot Behavioral Health

What: Needle Exchanges are a non-judgmental space where injection drug users can receive clean needles and safe injection supplies. Other services are also offered such as overdose prevention education and referrals to medical care and treatment services if requested.

Why: NEEDLE EXCHANGES SAVE LIVES!!!
By offering Needle Exchange Services it takes injection needles off of the streets and out of the community. It offers safe injection equipment so that IV drug users can prevent the spread of blood borne diseases such as HIV and Hepatitis C which can be eventually fatal. It offers Overdose Prevention and Education so that drug users in this community are not dying from overdoses.

When: Muckleshoot Behavioral Health is now offering Needle Exchange Services starting January 22nd, 2016
Where: Exchange services are offered through a mobile site that operates every Friday from 2-4pm outside of Cedar Village in the Old Smoke Shop parking lot in the HWC Outreach Van.
Contact: Carol VanConett at Behavioral Health with any questions regarding Needle Exchange services at 253-804-8752



NOTICE:
The Feathered Healing Circle will meet on Wednesday at 5:00 PM – Cynthia Lozier

Muckleshoot Behavioral Health Program

16-Week Anger Management Class

Open to Join Anytime!
Every Thursday
1:30pm-3:00pm
Facilitated by: **Dr. Sarlak**

Meets Court Requirements

For questions or more information, contact:

Muckleshoot Behavioral Health Program
(253) 804-8752

SCAM ALERT!

- A NEW MEDICARE CARD IS COMING IN THE MAIL SOON SO BEWARE OF SCAM CALLERS.
- MEDICARE WILL NEVER CALL UNINVITED TO ASK FOR PERSONAL INFORMATION OR ANY INFORMATION REGARDING YOUR NEW OR OLD MEDICARE CARD.
- IF SOMEONE CALLS ASKING FOR ANY INFORMATION REGARDING YOUR MEDICARE CARD... PLEASE HANG UP!
- YOU CAN REPORT ANY SUSPICIOUS PHONE CALLS DIRECTLY TO MEDICARE AT #1-800-MEDICARE.

MANAGED CARE DEPARTMENT
MUCKLESHOOT HEALTH & WELLNESS CENTER
PH: 253-939-6648

Beware of Phone Scams

Healing with Horses Group

Come Join The Horses Every Wednesday, 1-3pm

Spend healing time with Horses at the Blue Barn

Open to join any time. Just show up!
All Community Members Welcome

Blue Barn: 38122 180th Ave, SE, Auburn 98092

For more info, contact: Karyn Cross-Sarabia @ the Behavioral Health Program: (253) 804-8752

MUCKLESHOOT BEHAVIORAL HEALTH

PROBLEM GAMBLING RESOURCES

Muckleshoot Resources
Behavioral Health Gambling Outreach
Julia Joyce, MA, CDP is available Monday, Wednesday, and Friday 8am-5pm (253)804-8752 x3200
Call and setup an informational session
Local Gamblers Anonymous Meetings
Winner's Circle—Wednesday at 5:30pm, MIT Family Outreach Center
Tuesday & Friday Noon, South King County Alano Club
Tuesday 7:00pm, Crossway Church, 209 M St NE, Auburn
Friday 7:00pm, VRFA HQ, 1101 D St NE, Auburn
Sunday 6:30pm, New Hope Baptist Church, 14024 Stewart Rd, Sumner/Pacific

State/National Resources
Washington State Gambling Helpline 1-800-547-6133

New Time!!!

Muckleshoot Behavioral Health Healing Circle

Mondays 12:00pm-1:30pm

The Healing Circle is open to all Muckleshoot Community Members to gain education on:

- Addiction.
- Grief & loss.
- Problem gambling.
- Trauma.

And to have an opportunity to share openly.

Location

- Muckleshoot Health & Wellness Center Family and Youth Services
17500 SE 392nd St
Auburn, WA 98092
- Please contact Julia or Aaron at 253-804-8752 with any questions
- No sign up necessary, this is a drop-in group.

Take Us Back to Our Innocent Days

Take us back to our innocent days.
 Sitting on a log playing in our childish ways.
 Not a worry in our mind, but how the Army man will survive.
 The imagination We had, kept our minds blind to this world.
 Allowing us to be free.
 When a rock wasn't a stone, but a ship
 We can skip along the river's skin.
 A stick wasn't just wood, but a rifle we used to keep the enemy away.
 Take us back to our innocent days.
 Looking at the night sky with all the adventures, with in the stars above us.
 Sitting in the grass as We watched the colors of the fancy dancers dress change.
 Tapping our feet to the drums beat.
 Take us back to our laughter as we stomped in the mud.
 Let us day dream as We watch our sisters weave.
 Bring us back to the times, we would lay our heads on our mother's shoulder,
 As we listened to our elders teach.
 Slowly falling asleep.
 Take us back to our innocent days, where falling in love didn't end in pain.
 Puppy dog eyes for the girl next door.

~ Rickylee Thompson

The Counseling Corner

Healthy relationships: What they look like & how to find them

By Katelyn Nies, Licensed Mental Health Counselor
 Muckleshoot Behavioral Health Program

Today there is a great amount of talk about what makes a relationship healthy or unhealthy and that some relationships are emotionally, sexually, or physically abusive. It's great that awareness is spreading about these types of relationship because it helps people identify situations they may need to leave, however it is less prominent to hear about what a healthy relationship looks like and how to build one. Here are a few guidelines about what good relationship health looks like:

Communication

Nearly everyone agrees that effective communication is essential for building a healthy relationship, but what does this really involve? Communication can be both verbal and non-verbal--both are very important and speak volumes about a relationship's health. When good communication is happening, both people feel heard, safe, supported, accepted, and loved. This does not mean partners need to agree on everything (quite the contrary--disagreements are actually an essential part of healthy relationships), but when couples are communicating effectively, they aren't creating an environment of judgment, criticism, or condescension.

Observe How You Feel

Too often people get out of a relationship, look back and realize they knew all along it was not a good fit. They identify that they never felt comfortable to be themselves around their partner, didn't actually enjoy spending time together, or felt that person truly understood them. When getting into any new relationship (or while in an established one), take a moment to observe how you feel in it and with that person. Do you feel happy when you're with them much of the time? Do you understand each other's sense of humor? Do you feel like you can be your honest self with them? Even if your relationship is not toxic or abusive, if you answered no to most of these questions, it just may not be the best fit and that's okay.

Separate but Similar

Think of two people in a relationship like two great foods that taste even better together, such as pie and ice cream. On their own, pie and ice cream are tasty desserts but when you bring them together, it's a special event and downright delicious. They complement each other and lift each other up. Two people in a healthy romantic relationship are very similar. Each



person can have their own identity and be supported and lifted up by the other partner's identity. When looking for a partner, it can be important to find someone you're not only physically attracted to but who shares similar life values as you. This means doing life with each other and not necessarily for each other. Supporting each other and loving each other while being your own unique selves.

Trust and Respect

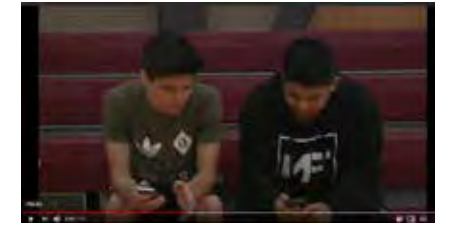
Building trust in a relationship means both partners being depend-

able, reliable, and honest. Trust is more than just not cheating on your partner with another person, but it's about knowing your partner will share their opinions and thoughts honestly and will follow through on promises made. One of the fastest ways to erode trust is when partners begin to belittle each other or view each other with contempt. Treating each other with respect, equality, and dignity is essential to developing and maintaining trust within a relationship.

Showing Appreciation

It sounds small, but frequently expressing appreciation to your partner for who they are and what they do helps them feel valued and loved. Appreciation can be communicated in many ways, including saying "thank you", giving physical affection, or even giving small gifts. It's important to find the ways your partner feels most appreciated, as this can vary by person. As time goes by and a rela-

tionship becomes more established, frequent expressions of gratitude are more and more necessary. It's all too easy to get stuck in routines and forget to thank your partner for being their wonderful selves and for doing the little things.



Don't forget to watch the We R Native PSA on Healthy Relationships filmed at the Muckleshoot Health & Wellness Center, produced by Youth & Family Service's Sabrina de la Fuente and her students. You can find it at https://youtu.be/BS_mBYh_ryk or by searching "We R Native Relationship PSA" on YouTube!

Muckleshoot Health & Wellness Center Hours

Monday-Friday

Gym 6:00am - 9pm
 Sauna & Steam Room 6:00am - 8:30pm
 Salt Water Pools 10:30am - 8:30pm

New Hours Daycare 9:00am - 9:00pm

Saturday

Gym 8:00am - 5pm
 Sauna & Steam Room 8:00am - 6:30pm
 Pool 10am - 6:30pm
 Daycare Closed

What is Hep C?

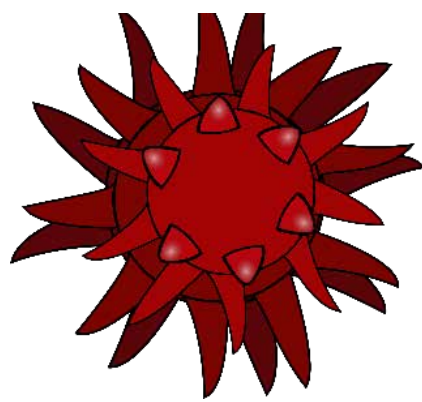
By Colet Bennett, RN - Muckleshoot Diabetes Nurse

Overview: Hepatitis C is referred to in short as Hep C. It is a liver infection caused by the hepatitis C virus (HCV) and spreads through contaminated blood, typically through an infected person. Hep C can be spread through the sharing of needles, direct exposure to blood and blood products, sharing personal care items such as razors. Other risk factors include tattoos and piercings from non-sterile tools, and unsafe sex.

Symptoms: Common symptoms of Hep C can include fever, tiredness, loss of appetite, nausea, vomiting, dark urine, abdominal pain, joint pain, gray-colored stools, jaundice (a yellowing of skin or eyes).

Warning signs: Hep C has been called a "silent disease," because its symptoms often do not appear or can be quite mild for years or even decades, even while liver damage is taking place. Most people with the Hep C virus go on to develop chronic Hep C and may show no symptoms or signs.

Diagnoses and Treatment: Even though Hep C is a complicated virus, the good news is that Hep C is curable! If diagnosed with Hep C, work with a healthcare provider to assess liver damage and discuss treatment options before it progresses. There is a simple blood test to check for possible Hep C exposure. If you have any questions,



contact your primary provider on your next routine visit.
 Muckleshoot Health and Wellness Center. Phone: (253) 939-6648

Are you having a rough day? Have you been feeling down for a while? It can be difficult to reach out, but talking to someone can help.

You are not alone.

What are Native Community Helpers?

- Your Community Members
- Trained in suicide prevention

How can they help me?

- We offer a listening ear and open heart
- We help you access available resources and reach out to professional help

Remember that you have people in your community to talk to - friends, family members, Elders, Native Community Helpers, counselors. These people would be glad to help you access the help you need.



xʷiʔ ɬaxʷ ɫadayay
 You are not alone.

To get help for yourself or someone you know who is suicidal, call:

Behavioral Health Program at (253)804-8752
 King County Crisis Line after hours at (206)461-3222



Pregnancy & Labor Support

Continuous Support When You Need It Most

What is a Pregnancy & Labor Support Specialist? They are women trained to provide continuous physical, emotional and informational support to a pregnant woman and her family during labor, birth and the days and weeks after the birth, while honoring their birth preferences. Pregnancy & Labor Support Specialists are a return to the tradition of women being surrounded and cared for by other women during childbirth. These services are a resource for both the laboring woman and the family and can help the birth family participate more fully in the process.

How Can Participating In The Program Help You?

Our Pregnancy and Labor Support Specialists:

- Help create a birth plan to help you navigate through your pregnancy and review your birth preferences
- Provide emotional support by helping with relaxation techniques, encouraging a positive attitude, guiding you through rough moments and encouraging both you and your family during labor and delivery.
- Provide basic Childbirth Education.
- Stay with you throughout labor and birth, providing uninterrupted support to you and your family.
- Provide physical support by suggesting positions and strategies to enhance labor progress and/or minimize discomfort.
- Educate you during long or difficult labors and can offer suggestions and encouragement to help you cope during your labor progress.
- Work with the medical and nursing staff by providing continuous care and support from the minute you enter the hospital through the first hours after birth.
- Assist with breastfeeding.

To register for this program, or for more information, please contact the HWC Medical Clinic at 253-939-6648.

* You must be PRC (formerly CHS) eligible to utilize this service.

FREE DIAPER BAG FILLED WITH
 BABY SUPPLIES & PACK-N-PLAY
 FOR PARTICIPATING IN THE
 PROGRAM!!!



RELIGION

PENTECOSTAL NEWS

The church recently had two visitor couples who ministered at the church.



Abraham and Eilene George traveled from Anchorage, Alaska to spend a week ministering in bible classes and evening meetings.

Corb and Jan Morgan used to attend the Pentecostal church before they moved to Montana. Jan shares in music and Corb shares a sermon.

The adult bible class, taught by Jim Ray, is allowing class members to prepare and teach what they have learned from a specific topic.

The church has communion every Sunday morning before the 10AM service.



Tribal member Melissa Flores helping Father Patrick Twohy at Mass.



RELIGIOUS CONTACTS

Please feel free to suggest additions

Muckleshoot Indian Shaker Church

Dennis Anderson Sr., Minister
Sandy Heddrick, Assistant Minister
Theresa Jerry, 1st Elder
Lee Stafford, 2nd Elder
Thadious Lozier, 3rd Elder
Trudi Moses, Secretary/Treasurer
Carl "Bud" Moses, Traveling Missionary

Muckleshoot Pentecostal Church

Rev. Kenny Williams, Pastor

Sweat Lodge

Doug Moses, 425-301-60811

St. Leo The Great Catholic Mass

Tacoma Kateri Circle of St. Leo Church
710 South 13th Street – Tacoma 98405
Catholic (Native) Mass with
Father Patrick J. Twohy
1:30 pm every Sunday
Circle meetings 2nd and 4th Sunday
Potluck every 3rd Sunday
www.katericircle.com
Facebook: Tacoma Kateri Circle

Please come join us for
MASS & Catechism
At the Muckleshoot Catholic church



Catechism starts at 3:00pm

Mass starts at 5:00pm

As always, enjoy a nice dinner with us

and Father Pat Twohy after Mass

For more info. Please contact me at

Tara.Vasquez@muckleshoot.nsn.us

Or by phone at (253)347-6937

Muckleshoot Child and Family Services (MCFS)

Contact Information for the MCFS Program

Address:
1220 "M" Street SE
Auburn, WA 98002

Main Phone:
253-833-8782

Fax:
253-876-3095

CPS Intake Hotline for afterhours Call of Concern
report of neglect/abuse:
1-866-ENDHARM (363-4276)



MUCKLESHOOT CATHOLIC MASS

Saturday, February 2nd, 2019

Saturday, March 9th, 2019

Saturday, April 6th, 2019

Saturday, May 4th, 2019

All Masses are held at the little white church next to the Veteran's Building at 5pm on the day scheduled. We will have a meal to follow all Masses. If you have any questions please feel free to contact Stephanie James at

stephanie.james@muckleshoot.nsn.us

Enumclaw Chrysler, Dodge, Jeep & Ram



- Preferred pricing for Tribal Members
- Good Credit/Bad Credit
- 98% Approval rating
- Referral Fees from \$100-\$500!
- Special Pricing on New and Used Vehicles
- Aggressive Financing Rates and Programs
- New and Used Vehicles

For all Tribal Members Enumclaw Chrysler Jeep Dodge Ram Is YOUR Store!

Visit Us Today for YOUR Tribal Specials!

Contact Josh Curley at 360.802.0200

www.enumclawCJD.com

We have Special fleet pricing for tribal vehicles.



Muckleshoot Pentecostal Church

Kenny Williams, Pastor

SCHEDULE

Sunday	10:00 AM	Church Service
Tuesday	12:00	Noon Prayer Meeting
Wednesday	6:30 PM	Bible Study
Thursday	12:00 Noon	Support Group Meeting
Thursday	7:00 PM	Spanish (language) Church
Friday	7:00 PM	Prayer Meeting
3rd Saturday	10:00 AM	Prayer Meeting



Those subjects listed as "arrested" or "arrested via citation" means there is enough evidence for the police to prefer charges but have not been convicted.

Weekly Recaps February 2019

- 2/01/2019 1810 Hours C19004536 Auburn Way S/12th ST SE Traffic Stop**
A deputy performed a traffic stop on a vehicle that had stolen plates on it. Upon contact the deputy learned that the driver was the registered owner of the vehicle. His vehicle was recently stolen and recovered. It was towed to an impound yard when he picked it up. He didn't know that his plates were swapped. The stolen plates were confiscated and placed into evidence. The registered owner was advised to get new plates.
- 2/01/2019 1409 Hours C19004630 3200 BLK/21st ST SE Traffic Stop**
A deputy performed a traffic stop on a vehicle for having expired plates. When he contacted the driver he learned she didn't have a driver's license or vehicle ignition interlock. She also had three warrants out for her arrest. The driver was placed under arrest and transported to SCORE jail. She was later booked on her warrants.
- 2/03/2019 1435 Hours C19004766 38500 BLK/HWY 164 Residential Contact**
Deputies saw a suspicious vehicle that left a house near this location. The vehicle was occupied by several people. When deputies ran the plates on the vehicle it returned stolen. Deputies performed an area check for the vehicle but was unable to find it. The vehicle was later found in the city of Auburn. Witnesses reported seeing three people fleeing from the vehicle.
- 2/05/2019 1856 Hours C19004979 SE 392nd PL/164th Ave SE Injury Accident**
Deputies responded to an injury accident that was caused by a female who was driving intoxicated. The female was placed under arrest and processed for DUI. The victim injured in the accident was transported to the hospital with non-life threatening injuries.
- 02/06/2019 1436 Hours C19005076 39200 BLK/164th Ave SE Suspicious**
A deputy contacted a vehicle that had five occupants inside using heroin. The vehicle was littered with drug paraphernalia such as dirty needles, burnt foil, and pipes. The occupants were identified and told to leave the area.
- 2/07/2019 1349 Hours C19005227 16600 BLK/SE 398th ST Residential Burglary**
Report taken for several items stolen from victim's garage.
- 2/08/2019 1209 Hours C19005379 2100 BLK/Auburn WY S Suspicious Vehicle**
Attempted vehicle stop for stolen license plate. Vehicle did not stop and no pursuit occurred.
- 02/12/2019 0152 Hours C19005675 38900 BLK/HWY 164 Fire Investigation**
Fire investigation for shed fire. Believed to have been accidental.
- 02/13/2019 1556 Hours C19005854 38600 BLK/HWY 164 Fraud**
A female came to the Muckleshoot substation to report a fraud that occurred online. She purchased a dog online but never received it from the seller. The female found out the business was fake and she was a victim of a scam. The seller was given personal information and several payments. The female knew little about the seller and was unable to get her money back. The business removed the link after she threatened to call the police.
- 02/15/2019 1656 Hours C19006126 SE 38600 BLK/172nd Ave SE Found Property**
A deputy was flagged down by a public utility worker regarding some found property. The worker found a nice gunlock safe in the garbage. He retrieved it because he thought it was too nice to be considered trash. The safe was confiscated and placed into evidence.
- 02/16/2019 0816 Hours C19006201 39900 BLK/172 LN SE Suspicious**
A deputy was able to locate and arrest one of Muckleshoot's most wanted fugitives. He was found hiding out at a house on the reservation. He had several felony and misdemeanor warrants out for his arrest. He also has pending charges that includes felony eluding, burglary, and possession of stolen vehicles. He and a female companion were transported and booked into RJC.
- 02/19/2019 1303 Hours C19006573 38400 BLK/180th Ave SE Burglary**
A male came to the Muckleshoot substation to report a burglary to his house. He said someone broke into his garage while he was away. Deputies found no signs of forced entry and there were no witnesses to the crime.
- 02/21/2019 1445 Hours C19006923 38900 BLK/172nd Ave SE Burglary**
A tribal elder contacted the police to report a burglary that occurred at her residence. Apparently the suspect is a known person that used to live there. The man entered through an unsecured bedroom window and damaged some item upon doing so. The elder believes the suspect was trying to retrieve his per cap check that wasn't there.
- 02/21/2019 1943 Hours C19006951 36800 BLK/HWY 164 Traffic Stop**
During a traffic stop deputies contacted a male and female who had a no contact order against each other. The male half was the respondent so he was placed under arrest. He also had warrants out for his arrest. The male was transported to SCORE jail and booked on his warrant and court order violation.
- 02/22/2019 0849 Hours C19007008 38800 BLK/HWY 164 Vehicle Recovery**
Deputies contacted a male and female who were in a stolen vehicle. The male said he borrowed the car from a guy that he met at the Muckleshoot skate park. He said he didn't know the person name or how to get in contact with him. The man was placed under arrest and booked into King County Jail for possession of a stolen vehicle.
- 02/23/2019 1152 Hours C19007165 SE 408th ST/HWY 164 Controlled Substance**
Deputies contacted an unresponsive female in a vehicle. Upon contact they noticed the vehicle was littered with drug paraphernalia. The female that was contacted still had the heroin pipe in her hand and burnt foil in her lap.
- 02/23/2019 1403 Hours C19007169 SE 386th Way/161st DR. SE Warrant**
Deputies contacted a man who had a warrant out for his arrest. He was placed under arrest and transported to SCORE jail. He was booked on his warrant.
- 02/25/2019 2315 Hours C19007510 SE 392nd ST/HWY 164 Warrant**
A man was contacted for pedestrian violation. When deputies ran his name with dispatch it returned with several warrants attached. The man was arrested and transported to SCORE jail. He was later booked on his warrants.
- 02/25/2019 1019 Hours C19007405 3300 BLK/Auburn Way S Warrant**
Deputies contacted a male and female who had outstanding warrants out for their arrest. They were loitering around a business when deputies made contact. They were both placed under arrest and booked into RJC and SCORE jail.
- 02/26/2019 0948 Hours C19007563 16300 BLK/SE 388th ST Fraud**
Adult Protective Services notified the police after they learned a relative of a deceased elder was fraudulently cashing the elder checks. Deputies conducted an investigation and determined there may have been fraudulent activity. The case was sent to detectives for further investigation.
- 02/26/2019 1416 Hours C19007611 2100 BLK/Auburn Way S Warrant**
Two males and a female was found sleeping loitering in the parking lot of the bingo hall. When they were contacted by deputies they learned the female had multiple warrants out for her arrest. She was placed under arrest and transported to SCORE jail. She was later booked on her warrants.
- 02/27/2019 0127 Hours C19007666 2100 BLK/Auburn Way S Vehicle Recovery**
Deputies recovered a stolen vehicle at this location that had swapped plates on it. They were able to identify and arrest the driver after reviewing surveillance video. The suspect was placed under arrest and booked into King County Jail for possession of a stolen vehicle.
- 02/27/2019 1023 Hours C19007721 39000 BLK/172nd Ave SE Fraud**
A female called the police to report a fraud. Apparently someone took a Muckleshoot finance check that was written out to a local daycare. They were able to change the name and address on the check and cash it at Key Bank. The case was sent to detectives for further investigation.
- 02/27/2019 1130 Hours C19007748 37000 BLK/HWY 164 Mental Complaints**
Deputies was causing a disturbance outside of a house. She was clearly intoxicated and didn't live at the address. When deputies arrived they were able to assist the female by giving her a ride home and securing her vehicle.
- 02/28/2019 0046 Hours C19007834 16500 BLK/SE 393rd ST Drunkenness**
A female was causing a disturbance outside of a house. She was clearly intoxicated and didn't live at the address. When deputies arrived they were able to assist the female by giving her a ride home and securing her vehicle.
- 02/28/2019 0305 Hours C19007840 40900 BLK/176th Way SE Warrant**
A deputy responded to an altercation between a male and female. When she identified the two she learned the male had warrant out for his arrest. The man placed under arrest and transported to SCORE jail. He was later booked on his warrant.
- 02/28/2019 0730 Hours C19007858 17200 BLK/SE 376th LN Vehicle Recovery**
A man called 911 after he was able to locate his stolen via GPS. The vehicle was found in front of a house located on the reservation. When deputies arrived they interviewed the homeowner and he denied knowing who drove the vehicle to his house. They secured the vehicle and released it to the registered owner.

Weekly Recaps for March 2019

- 03/02/2019 1300 Hours C19008186 2100 BLK/Auburn Way S Stolen Plates**
Deputies contacted a male and female at the Muckleshoot Casino because they had stolen plates on their vehicle. The female was the owner of the vehicle and denied knowing about the plates. She said the vehicle belonged to her ex-husband. The plates were later confiscated and placed into evidence.
- 03/03/2019 1413 Hours C19008316 16500 BLK/SE 392nd ST Warrant**
A deputy drove passed a man he recognized with warrants. He contacted the man and placed him under arrest. He was later transported to SCORE jail and booked on his warrants.
- 03/04/2019 1028 Hours C19008415 2400 BLK/Auburn Way S Vehicle Recovery**
A deputy recovered a stolen vehicle left in the parking lot of the Muckleshoot bingo hall. They were unable to identify the person who drove it there. Video surveillance captured the person walking away on foot. The registered owner was notified about the vehicle.
- 3/7/2019 1022 Hours C19008927 39200 BLK/165TH AVE SE Civil Standby**
Deputies assisted ICW with the removal of 3 Muckleshoot tribal children.
- 3/7/2019 1051 Hours C19008932 15700 BLK/SE 381st PL Civil Process**

- Deputies served a court order to a man. It was later put into the system.
- 3/7/2019 1118 Hours C19008940 38500 BLK/HWY 164 Residential Contact**
A male was arrested on his warrant and booked into RJC.
- 3/8/2019 0800 Hours C19009415 39000 BLK/172nd Ave SE Threats**
A man got evicted and yelled out of anger that he was going to burn the house down. The man left the premises without further incident.
- 3/8/2019 0900 Hours C19009047 2400 BLK/Auburn Way S. Warrant**
Deputies contacted a man in a vehicle, who had a felony warrant. He was placed under arrest and transported to RJC and booked on his warrant.
- 3/8/2019 1500 Hours C19009100 38900 BLK/172nd Ave SE Warrant**
Deputies contacted a man that had 2 misdemeanor and 1 felony warrant. The man was placed under arrest and booked into RJC.
- 3/9/2019 1453 Hours C19009223 2100 BLK/Auburn Way S. Warrant**
A man was contacted and arrested on his two felony warrants. He was later booked into RJC.
- 3/10/2019 0800 Hours C19009289 2100 BLK/Auburn Way S. Vehicle Recovery**
Deputies recovered a stolen vehicle and it was impounded per the owner's request.
- 3/10/2019 1140 Hours C19009299 14700 BLK/SE 368th PL Warrant**
A female was contacted and arrested on her 3 misdemeanor warrants. She was later booked into RJC.
- 3/10/2019 2113 Hours C19009347 38500 BLK/HWY 164 Disturbance**
A male and female got into a confrontation. The two were separated and went their separate ways.
- 3/11/2019 1122 Hours C19009422 SE 413th Dr/179th Ave SE Warrant**
A man was contacted and arrested on his felony warrant for 2 counts of residential burglary. He was later booked into RJC.
- 3/11/2019 1540 Hours C19009460 39000 BLK/172nd Ave SE Trespass**
A man was contacted for trespassing at the Muckleshoot Human Resource building.
- 3/11/2019 2335 Hours C19009507 2400 BLK/Auburn Way S Traffic Stop**
During a traffic stop the driver of the vehicle bailed on foot and was later identified and charged via the courts.
- 3/13/2019 2030 Hours C19009785 SE 400th ST/244th Ave SE Traffic Stop**
A vehicle failed to yield during a traffic stop. Deputies were unable to find it.
- 3/15/2019 2230 Hours C19010100 38300 BLK/172nd Ave SE Warrant**
Deputies contacted a male who had three warrants out for his arrest. He was placed under arrest and booked into Enumclaw Jail.
- 3/17/2019 0428 Hours C19010202 38900 BLK/HWY 164 Family Disturbance**
Deputies responded to a family disturbance that involved two brothers. No one was hurt and the men went their separate ways.
- 3/17/2019 0814 Hours C19010206 2100 BLK/Auburn Way S Vehicle Recovery**
Deputies recovered a stolen vehicle at the Muckleshoot Bingo Hall. The vehicle also had stolen plates on it. The vehicle was returned to its registered owner.
- 3/17/2019 1227 Hours C19010229 2400 BLK/Auburn Way S Vehicle Recovery**
Deputies recovered a stolen vehicle in the parking lot of the Muckleshoot Casino. The vehicle was processed and returned to the registered owner.
- 3/17/2019 1409 Hours C19010251 2400 BLK/Auburn Way S Narcotics Activity**
A deputy contacted several subjects parked in a vehicle at the Muckleshoot Casino. They were engaging in narcotics activity. The deputy confiscated two stolen check books and a baggy of heroin.
- 3/18/2019 0116 Hours C19010304 2100 BLK/Auburn Way S Vehicle Recovery**
Deputies recovered another stolen vehicle at the Muckleshoot Bingo Hall. The vehicle also had stolen plates on it. The vehicle was processed and returned to the registered owner.
- 3/18/2019 1433 Hours C19010368 39200 BLK/165th PL SE Over Dose**
A juvenile female accidentally overdosed when she smoked some meth at home. She was treated by aid and transported to the hospital.
- 3/19/2019 1828 Hours C19010577 40800 BLK/174th Ave SE Warrant**
A female was contacted on a traffic stop and arrested for having a warrant. She was transported to King County Jail but failed booking due to having ulcers all over her body.
- 3/19/2019 1449 Hours C19010542 38000 BLK/158th Ave SE Warrant**
A man was contacted and arrested by deputies after giving a fake name. He had a felony warrant out for his arrest. He was later booked into Enumclaw jail.
- 3/20/2019 0720 Hours C19010637 37100 BLK/147th CT SE Vehicle Theft**
A homeowner had her vehicle stolen out of her driveway overnight. There were no witnesses or suspect information.



Lummi Nation takes side of orcas in Trans-Mountain Pipeline dispute

The Lummi Nation has announced that it stands with other Coast Salish First and Tribal Nations in expressing disappointment and anger over the National Energy Board's recommended approval of the Trans Mountain Pipeline. As an official participant in the National Energy Board (NEB) hearings last November, Lummi testified that increased tanker traffic resulting from the pipeline would have devastating impacts on the Southern Resident Killer Whale population, as well as on salmon runs, Treaty rights, sacred sites and traditional lifeways.

The killer whales of the Salish Sea and the Indigenous Coast Salish cultures have a common bond. "Our connection to the killer whale is personal, is relational, and goes back countless generations," according to Lummi Chairman Jay Julius. "Our name for them, *qwe 'hol mechen* means 'our relations below the waves.'"

"Our people and the killer whales, we all depend on salmon. We need to protect the salmon's homeland as our own homeland," said Raynell Morris of Lummi Nation's Sovereignty and Treaty Protection Office.

The Trans Mountain Pipeline

would increase the number of tankers carrying highly toxic tar sands oil by nearly sevenfold, from about 60 ships to over 400 per year. Marine vessel traffic is known to disrupt communication, hunting, and foraging patterns for killer whales. The effects of heavy industrial shipping on Salish Sea salmon runs have yet to be quantified.

Lummi Nation is calling for a moratorium on any and all new or increased shipping activity on the Salish Sea until a transboundary, interjurisdictional cumulative impact assessment of shipping traffic and associated development has been conducted.

"We need to stop the bleeding right now," Raynell Morris said. "We can't be adding a pipeline and increasing tanker traffic at a time when we need to be assessing and repairing the damage that has already been done."

Lummi Nation hereditary Chief Bill James ("*Tsilixw*") said, "We all saw the grieving killer whale mother carrying her dead calf. These are messages from our relatives below the waves. It is our *Xa Xalh Xechnging* (sacred obligation) to listen and learn from them, and honor them."

Getting Our Weave On!

Photos by Gail Siseenaxalt White Eagle of the Northwest Native American Basketweavers Association event at the Muckleshoot Elders Center on March 23-24.





An Easter invitation from the Auburn Adventist Academy

BECOME A CHILD CARE PROVIDER!

Do you love children? Have extra time on your hands? Want to make some money? Have a clean background?

If you answered yes, we have the program for you; help our tribal families with childcare by becoming an approved childcare provider.

How to become a family, friend, or neighbor provider:

Visit the Muckleshoot CCDF program at the Muckleshoot Early Childhood Education Center, located on the Tribal School Campus (15599 SE 376th St Auburn, WA 98092) and request a CCDF Home Provider Application.

Fill out the application completely and attach all required documentation including a copy of your first aid/CPR card, a valid picture ID, background check questionnaire & forms, completed W-9 form, and a copy of your social security card (front and back.)

Submit completed application to the Muckleshoot CCDF office (must have original application – no faxed applications accepted.)

A CCDF representative will contact you within three business days to notify you about the status of your application review and/or to coordinate pre-screening. Once pre-screening requirements are met, a home-health, and safety inspection will be performed at the residence where childcare will take place.

Upon a cleared inspection you will be eligible to care for approved Muckleshoot CCDF Families.

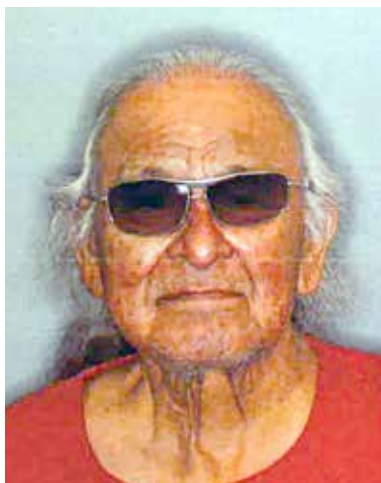
Contact: Monalisa Mendoza, CCDF (Monday – Friday 8:00am – 4:00pm)
Phone: (253) 876-3056 * 3915
Email: Monalisa.mendoza@muckleshoot.nsn.us

EXCLUDED FROM MUCKLESHOOT RESERVATION

The individuals pictured here have been legally excluded from the Muckleshoot Indian Reservation. If you see any of them on the reservation please call 911 and report the sighting to the Muckleshoot Police Department.



Darnael Brown



Gerald Robert Elkins



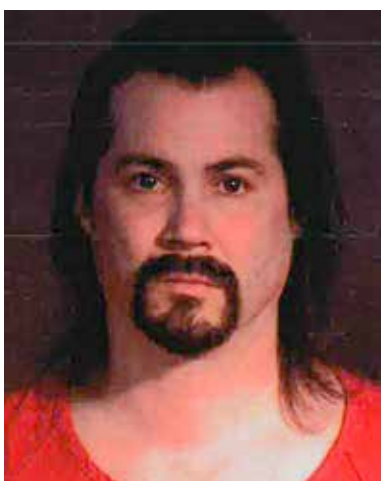
Jorenda Proctor



Leslie Guy Wilson



Rajon Ray Hoff



Robert Wayne Weed



Rodney Darrell Hopper

\$45,000 Housing Assistance Program – Increased to \$90,000 per Tribal Member

The Tribe's commitment to providing housing opportunities to its members is once again exemplified with recent policy changes to the \$45,000 Grant Program. Tribal Council recently approved that the \$45,000 Grant Program be increased to \$90,000 per Tribal member. These funds can be used for home ownership activities including down payment, mortgage reduction, home improvements, self-help and safe housing repairs. In addition, the Tribal Housing Ordinance has been updated to allow Muckleshoot enrolled couples to each utilize their \$90,000 grant towards eligible program services for a total Grant of \$180,000. \$20,000 of each member's assistance shall be reserved exclusively for safe housing repairs.

ELIGIBILITY:

Muckleshoot Tribal Enrollment: Applicant must be a Muckleshoot Tribal member at least eighteen (18) years of age and enrolled in the Muckleshoot Indian Tribe for a minimum of five (5) years or be enrolled in the Muckleshoot Indian Tribe and have resided within the Muckleshoot Reservation their entire life.

Proof of Ownership: Applicants must provide proof of ownership for the assisted property and utilize the home as their primary residence.

Proof of Insurance: Applicants must provide proof that the assisted property is covered by an insurance policy or sign a Homeowners Insurance Acknowledgment.

Release of Information: Applicants must sign a Release of Information to allow the Muckleshoot Housing Authority to obtain and verify information relative to eligibility for assistance.

Residency/Payback Agreement: Applicants, including any additional parties with ownership of the assisted property, must sign a Residency Payback Agreement agreeing to payback terms and refinance restrictions during a five (5) year payback period.

Please contact our office with any questions or for further assistance with applying for this program.

Muckleshoot Housing Authority | 38037 158th Ave SE | Auburn, WA 98092 | (253) 833-7616

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-03/19-024
PETITIONER: EZRA NELSON on behalf of minor G.L.J. DOB: 04/19/2012

Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172 nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, April 16th, 2019 at 1:00 PM.

MUCKLESHOOT TRIBAL COURT FOR THE MUCKLESHOOT INDIAN RESERVATION AUBURN, WASHINGTON

Case No.: MUC-J-11/17-187
NOTICE OF PRELIMINARY INQUIRY IN RE THE WELFARE OF:
B.J.
DOB: 08/11/2010
AN INDIAN CHILD

TO: CARLOS PEREZ, Father
DORRY PETERSON, Tribal Prosecutor
VICKY MURRAY, MCFS Investigator

YOU AND EACH OF YOU are hereby notified that a REQUEST FOR PRELIMINARY INQUIRY has been filed in the Muckleshoot Court Youth Division and a PRELIMINARY INQUIRY HEARING will be held on **Tuesday, the 23rd of April, 2019 at 11(am)**, in the above-titled court, located at the Muckleshoot Legal Building, 39015 172nd Avenue SE, Auburn, Washington 98092, to determine;

- 1.) The tribal status of the youth;
- 2.) Whether probable cause exists to believe that the youth is YOUTH IN NEED OF CARE, and tribal court supervision.
- 3.) Whether out of home placement of the youth is necessary and
- 4.) Any other action necessary for the youth best interest pending further proceedings.

The parents, guardian and custodian of the youth are each entitled to have someone represent them at this hearing at their own expense-meaning that they will be solely responsible for any fees charged by the person.

The Court will be making a determination at the hearing which may affect the party's rights and responsibilities in regard to the named child.

If you fail to appear, a default judgment could be entered against you and your rights in regard to the child can be affected.

If you have any questions regarding the nature of this hearing or the location of the Court, please contact either the Court Clerk at (253) 876-3203 or the Tribal Prosecutor at (253) 285-4062.

Dated 12th of March, 2019.
/s/ Julia B. Brown
COURT CLERK / ADMINISTRATOR

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-03/19-019
PETITIONER: Dorry Peterson, Muckleshoot Tribal Prosecutor, on behalf of minor C.R. DOB: 08/28/2002

Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172 nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, April 9th, 2019 at 2:00 PM.

Attention Muckleshoot Tribal Members and Community Members:

The Muckleshoot Gaming Commission has reviewed the list of patrons barred from the Casino and Bingo Hall and has lifted many of these barrings. To see if your barring has been lifted, please call 253-804-4444 Ext. 1428

Free Legal Services for Low Income Native Americans and Alaska Natives

Are you facing an issue in school? Do you need help with your attendance or performance in school? We can help!

The **Native American Unit at Northwest Justice Project** provides free civil (non-criminal) legal services to eligible Native American / Alaska Native students and their families in Washington. Cina Littlebird at the Native American Unit is available to provide advice and representation to Native American youth and their families in civil legal matters that can impact the student's attendance of or performance in school.

Cina can work with you on (among other things):

- **Education matters** including:
 - o Expulsion, suspension, & truancy
 - o Discriminatory discipline
 - o Special education & learning disabilities
 - o Parents' rights
 - o Other situations impacting a student's ability to participate in school
- **Foster & homeless student issues**
- **Health matters** including denial of health care services or assistance in obtaining mental health services
- **Housing problems** such as evictions, discrimination, or deposit issues
- **Public benefits matters** including applying for, denial of, or reduction of public benefits

To find out if Cina or the Native American Unit can help you, contact Cina at cina.littlebird@nwjustice.org or (206) 464-1519 ext. 0919.

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



Save The Date
164th Annual Yakama Nation
Treaty Day Commemoration

Pow Wow

JUNE 7th, 8th, & 9th, 2019

White Swan Pavilion
Mission Road
White Swan, WA

Is your Driver's License suspended?



Go to the Washington State Department of Licensing website to learn how to reinstate your license. On the website you can learn

- Your current license status
- Everything that has a hold on your license
- Step-by-step instructions for reinstatement
- How much does this service cost? Free
- However....If you owe fees or fines or traffic tickets, those will have to be paid off

In the meantime – other forms of transportation include METRO bus service and Muckleshoot Transit Service.

Contact Muckleshoot Police if you have questions.

Website: www.wa.gov/dol/reinstate

NOTICE OF PETITION FOR NAME CHANGE

Case No. MUC-NC-10/18-138
 PETITIONER: ROMMAJEAN THOMAS on behalf of herself DOB: 01/03/1984

Any person who may have an objection to this name change may file a notice of objection with the Muckleshoot Tribal Court 39015 172 nd Ave SE, Auburn, Washington on or before the hearing scheduled for Tuesday, April 2nd, 2019 at 10:00 AM.



Open House
Wednesday
April 3rd, 2019
Time:
 11:00 a.m. to 1:00 p.m.
 or
 5:00 p.m. to 7:00 p.m.
Location:
 Cougar Room; Phillip Starr Building
Topic:
New Recreational Vehicle Code
 For more information or a copy of the proposed new code call the Planning Department at 253-285-4050

Tomanamus Forest taking applications for Summer Stewardship Youth Corps

Program: Muckleshoot Federal Corp. Stewardship Youth Corps
Position: Youth Crew member
Pay: \$13.50/hr; work week is 40 hours; 4 days/ week 10hrs/ day.
Location: Tomanamus Forest
Duration: June 17 to August 22, 2019 (Dates subject to change)

GENERAL DIRECTIVE: The program purpose is to provide positive work experience for Muckleshoot youth in the fields of Forest engineering, Forestry, Fisheries and Wildlife from a working forest perspective during summer break.

SCOPE: Program is setup to provide a pathway for learning life skills, teamwork, land stewardship, and natural resource skills on the job. Primary goals for the participants are to promote exposure to the woods, challenging self-preconceptions, and presenting job possibilities for Muckleshoot youth who may wish to follow a natural resource career path.

DUTIES: Student will work on a variety of projects including riparian enhancement, eradicate invasive & noxious weeds, maintaining roads and ditches, repair & rebuild campsites, trails, and community day event sites, and improve wildlife habitat. Preserve MFC lands, environment and enhance safety on the property. Forestry field experiences with forest industry professionals. Maintain safe practices at all times. Other duties as assigned

REQUIREMENTS:

- Must be 16-20 years old, or enrolled in high school/ University/College and provide tribal ID for program eligibility.
- Must have a safety orientated mindset.
- Looking for students who enjoy the outdoors and have a passion for nature.
- Students must be comfortable with working in the woods and being exposed to changing weather and difficult environmental working conditions.
- Be willing and able to work hard and participate in most work projects.
- Team player, be able to understand and work with other's needs and with different personalities.

HOW TO APPLY: Interviews will be **May 15 & 16, 9 AM to 4 PM** at the Muckleshoot Tribal College. Please bring a resume, unofficial transcript, and a copy of Tribal ID to the interview, or email to: acbrown@hnr.org

Free Legal Services for Native American Victims of Domestic Violence and Other Crimes

Northwest Justice Project's Coordinated Legal Education Assistance and Referral program (CLEAR) has new services available for Native American crime victims through the CLEAR-CV-Native American Program. An NJP attorney is available to provide advice, brief services and referrals in civil (non-criminal) legal matters stemming from the client's experience as a crime victim.

Examples of legal problems include:


- **Family Law** matters such as divorce, custody and protection orders involving domestic violence or sexual assault, especially when the case is in tribal court or the client believes it should be in tribal court; or when tribal court orders are not enforced.
- **Health** matters including denial of health care services or assistance in obtaining mental health services to deal with victimization
- **Housing** problems such as evictions or needing to break a lease due to a crime in the home
- **Economic security** issues such as medical bills, utility access and other consumer problems caused by an assault, abuse, or fraud.
- **Other** legal problems resulting from being a victim of crime

If you are a Native American crime victim seeking legal assistance, ask a tribal service provider or a staff member of an organization that serves Native Americans for a referral. Social services staff or tribal advocates refer clients to the CLEAR-CV-Native American program by sending a referral form.

Questions? Contact Jennifer Yogi at jennifery@nwjustice.org or (206) 464-1519 ext. 0921

What is Northwest Justice Project?

The Northwest Justice Project (NJP) is a statewide non-profit organization with 13 offices in Washington State that provides free civil legal services to low-income people. NJP's mission is to secure justice through high quality legal advocacy that promotes the long-term well-being of low-income individuals, families, and communities.



Do you need assistance with your child care expenses?

Are you?

- > Employed
- > Enrolled in educational courses
- > In job training
- > Or participating in job search activities

Is your child(ren)?

- > 12 years of age or younger
- > Enrolled in a federally recognized tribe or a descendant (parent must be enrolled) of a federally recognized tribe

Child care is based upon your family size and monthly income that is at or below 85% of King County's median income (100% for Muckleshoot Tribal Members). You may qualify, if your family's monthly income falls below the following income range:

Family Size:	85% Median Monthly Income	100% Median Monthly Income (MIT Members Only)
1	\$0-\$4,484	\$4,485-\$5,275
2	\$0-\$5,121	\$5,122-\$6,025
3	\$0-\$5,759	\$5,760-\$6,775
4	\$0-\$6,396	\$6,397-\$7,525
5	\$0-\$6,913	\$6,914-\$8,133
6	\$0-\$7,423	\$7,424-\$8,733
7	\$0-\$7,933	\$7,934-\$9,333
8	\$0-\$8,443	\$8,444-\$9,933

To apply or if you have any questions contact the Muckleshoot CCDF Program at (253) 876-3056 or Vanessa Simmons at (253) 876-3016
 Email: Vanessa.simmons@muckleshoot.nsn.us
 Located at the Muckleshoot Early Childhood Education Center, 15599 SE 376th St, Auburn, WA 98092

2019 D.A.S. MEMORIAL

15th Annual MEN'S ALL-INDIAN BASKETBALL TOURNAMENT

April 12th, 13th, & 14th, 2019
 Muckleshoot Tribal School

First 12 teams - 10 Players Per Team (Including The Coach)
 Double Elimination - \$350 Entry Fee
 (\$250 required down with \$100 balance due before play of the first game)

TRIBAL ID REQUIRED (ID's checked before first game)

- ◆ 1st Place = Coats
- ◆ 2nd Place = Jackets
- ◆ 3rd Place = Sweatshirts
- ◆ 4th Place = Pullovers

MVP, Sharpshooter, Mr. Hustle, 12 All Stars, Sportsmanship

CONTACT INFO:
 Lenny Sneatlum 253-740-6870 Liz Satiacum 253-507-0989
 Logan Sneatlum 253-797-7319 Lisa Sneatlum 253-876-3325

Checks / Money Orders / Cash (handed or mailed to)
 Leonard Sneatlum
 17320 SE 387th Place
 Auburn, WA 98092

Not responsible for any loss, injuries, while on premises
 Players / Fans assume all responsibility of securing their property, as well as health and safety concerns.

Brush Clearing Service

Muckleshoot Tribal Members that are **18 years of age or older** can receive brush clearing service from Building Maintenance with mechanical equipment or our eco-friendly alternative, goats.




Brush Clearing Service Forms are available at the Elders Center Front Desk and Building Maintenance. For inquiries, call (253)285-4063



EVENTS CALENDAR

April 12-14	Men's All-Indian Basketball Tournament Muckleshoot Tribal School
April 22	MTS Earth Day Event 9am - 2pm
April 23	Community Earth Day Event Sla Hal Shed 9:00 am
April 27	Babe Ruth Fun Run Sla Hal Shed 12pm - 2pm
April 30	Elder's Luncheon Puyallup Fair Grounds 11am
May 4	Super Hero Brunch Sla Hal Shed 11:30am - 1:30pm
May 4	Community Dance Sla Hal Shed 7pm - 11pm
May 15 & 16	Summer Stewardship Youth Corps Applications Muckleshoot Tribal College 9:00 am to 4:00 pm
May 18	Youth 3on3 Basketball MTS 9am - 6pm
May 27	Memorial Day Dinner MTS 4pm
June 6-8	Community Carnival Location TBD
June 21	First Salmon Dinner MTS
June 21-23	Veterans Powwow
June 22	Veterans Memorial Park Grand Opening
June 28	Honoring our Graduates Sla Hal Shed/Ballfields 3pm - 7pm
July 26-28	Sobriety Powwow
August 23-25	Skopabsh Powwow

SUBMIT YOUR ITEMS FOR THE EVENTS CALENDAR!!
 Muckleshoot.Monthly@muckleshoot.nsn.us



Attention:
Muckleshoot Tribal Members
 The Water, Sewer & Garbage Assistance Program has now been extended to King and Pierce Counties.

Please call (253) 876-2975 for details or stop by Public Works Office (Water Treatment Plant) topick up an application.

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FAMILY

Happy 50th Birthday Stacey!

Love, Sherina, Stacer, Sampson, Saleena, Scotty



Happy Birthday Moon Martin Sr! (3/27)

Love you honey bunny!!



April 26th Happy 12th Birthday "Mommas" Ma'leah Rose

We will always love you for you. We will always believe in you. And we will always be two steps behind you. You are becoming such a beautiful and intelligent young lady and I admire the love you have for yourself and for others. Keep reaching for the stars. Trust in your ability to succeed in this world. XOXO- Mommy, Baby Theo and Taylor Arnez



Robin J. Pratt
February 18 at 9:27 PM · 🌐

Sovereign decided she wanted to make a blueberry pie from scratch. She made the crust, squeezed the lemon, and even opted for the lattice crust. It looks and smells amazing!! We haven't tasted it yet, because she sacked out while waiting for it to cool. 🥰🥰🥰



Adrienne Moses is with Martina Moses.
February 18 at 6:34 PM · 🌐

His first time in his baby board! Thank you Grandma 🥰



Noreen Milne
February 21 at 8:49 PM · 🌐

It was a good night ❤️ (we was missing one I almost had them all there)



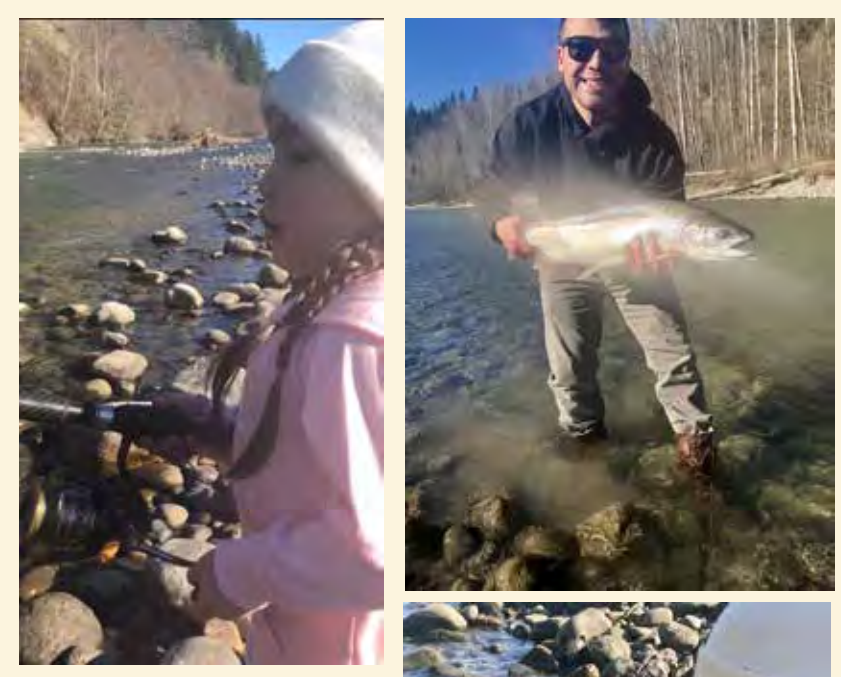
Diana Silva is with Benjamin Silva and 6 others.
March 4 at 1:20 PM · 🌐

Just got home from a much needed trip to see my Silva family. Thank you to my mom for planning this. I got to visit with some of my family, get my green chile fix at every meal and brought home bread and was gifted some beautiful jewelry. I'm gonna have to get back to where I make it down at least a couple times of year again 💜



Optional WA State Championships Gymnastics!

We're so proud of our girl, Lauryn. She works hard in all she does. Not only does she practice gymnastics every day, but she maintains all A's in school. Now onto Regionals in April!



Winter Run Steelhead

Jaision Elkins with fishing companion Skuya



Rianna sewed a blanket for Loyette. Pauline showed her what to do.



Grace's first time dancing traditional
Congrats Raven Stevenson & GO DAWGS!